

EST

In 2019 St Teresa's and Cranmore came together to form **Effingham Schools Trust (EST)**, based on a diamond model – a powerful and exciting educational proposition, delivering all the advantages of both single sex and co-education to girls and boys. The partnership has proven incredibly successful and EST is delighted to be able to build on this success with the announcement that Manor House School has joined the Trust from September 2023.

CRANMORE
MANOR HOUSE
ST TERESA'S

ST TERESA'S SENIOR AND PREP RECEIVE EXCELLENT ISI INSPECTION REPORTS

St Teresa's Prep and Senior Schools were visited by the Independent Schools' Inspectorate (ISI) in May 2023. The inspectors observed lessons and extra-curricular activities, scrutinised books, interviewed staff, met with a wide selection of girls from across all the age ranges and analysed responses from the staff, pupil and parent questionnaires.

The inspectors were extremely impressed by the sense of community they experienced during their visit and felt that the St Teresa's ethos and values underpinned all areas of school life.

RECORD NUMBERS

St Teresa's started the new academic year with numbers at an all time high.
Demand for 2024 is high.

EXAM RESULTS

Despite the media's best efforts to catastrophise in the preceding days, I am delighted to report that university entrance was remarkably plain sailing. With grades becoming aligned with those of 2019, there was an inevitable dip in the number of the very highest grades awarded but given their ambition, commitment, focus, determination and resilience – qualities that are the hallmark of this year group – it is no surprise that 96% have secured their first-choice university place.

However, our girls certainly impressed, with 72% of all grades awarded being A*-B, and almost half of the cohort gained entrance to a Russell Group university.

There were some notably outstanding performances. Having achieved A*AAA, **Kirsten L** is heading to Sheffield to read Medicine, while **Olivia M's** A*A*A*A has secured her place to undertake Business Management with Marketing at Bath. **Jess H** is embarking on Classical Civilisation at Nottingham having achieved A*A*A and **Pippa M's** clutch of A*AAA has confirmed her place to read Modern Languages and Linguistics at Newcastle. **Sophia C's** string of three straight As is her passport to Manchester where she will study Psychology.



GCSE Results

We are delighted to report our GCSE results for 2023. The Year 11s defied the media doom-mongers who prophesied that GCSE results would be very depressed, and have achieved an outstanding set of results. The girls have excelled, with almost 50% of grades awarded being 9-7. 75% of grades awarded are 9-6, which represents a significant increase from 2019. This is a huge accomplishment and we applaud all the girls for their hard work and determination.

We could not be prouder of you all.




Prize Giving



Staff, pupils and parents attended our annual Prize Giving ceremony, where we were delighted to welcome the renowned historian, writer, presenter and podcaster, Mr Dominic Sandbrook, as our Guest of Honour.

AN EXTRACT FROM DR McSHANE'S SPEECH




The most important people who are leaving today are our Year 13s. Every so often there is a cohort that one would describe as 'memorably good'. That is Year 13. Now, I know what you're thinking: you said that last year; and you'd be correct. However, for sheer camaraderie, joy, conviviality and an unerring ability to Get Stuff Done, you would be hard pressed to find a better year group. Although small in number, they have more than held their own. Their leadership abilities, to a man, are second to none; many of them had to double up on prefect roles, leading huge areas of responsibility with style and good cheer. I thank each and every one of you for the contribution you have made to student leadership, to the academic and pastoral elements of the school, to the Prep School, to our Values, to every year group, to pupil wellbeing, Student Council in every capacity in which you have served, or simply by being role models, your efforts are known and appreciated. You have all made an indelible mark on St T's, and we will miss you hugely.

Things won't always go your way. Things will, in fact often go so wrong that you will feel like you're about to be stranded on the moon. On those occasions, it would be much better, surely, not to have gone to the moon in the first place. That it is better to fail without trying than to try and fail. It would be better to have stayed in bed. That it is somehow better to give up, to be, as the parlance of the day has it, a victim.

To which I say: balderdash. So when things start to go wrong, buck up and jam a felt tip pen in the situation. And while you're at it, look up and realise that we are in an infinitely expanding universe. No one ever came back from space burdened by the weight of their own greatness. They come back, having gazed upon this fragile blue marble, spinning in black, empty vastness, and know exactly where they stand. They didn't go for personal glory; they went because they had purpose; they went because they wanted to achieve something remarkable for the ordinary, miraculous people that make up the human race.

And if you feel that the time isn't right, that you should wait for perfect conditions before you set out to improve your corner of the world, or that you'll start tomorrow because somehow by tomorrow, you'll have changed your entire personality and be ready to do good, I direct you to the words of C S Lewis, who gave a speech in the Church of St Mary in Oxford on the eve of the Second World War about there being no such thing as the right time; that glory and beauty have always existed alongside turbulence and strife. Don't wait for the perfect conditions before starting to live, because you won't live at all.

You have everything you need, because the values of this school, of Faith, Character, Community, Compassion and Intellect, I hope, have taught you to treat others with compassion, to have moral sensibilities, to discern between that which is important and that which is empty noise, to realise that you are part of something much bigger than yourself, to be grateful, to stick to your convictions, to cultivate your sense of humour, and above all, to have courage. Arm yourself with a felt tip pen, because to get on in life, your response should always be: never say die.





ACADEMIC SCHOLARS' DINNER

An opportunity to celebrate a shared dedication to the pursuit of academic excellence, the Academic Scholars' dinner is now a highlight of the school calendar. This year's event began, as ever, with a traditional Latin grace read by the Classics department. During the main course the scholars were challenged to discuss a selection of interesting topics, ranging from whether one can separate great art from a morally questionable artist to what one would point to if given five minutes to justify humanity's existence. The now-legendary "Jug of Conversation" ensured that sophisticated, enriching exchanges were had by all, although Mr. Melvin's table did find the topic drifting to Star Trek on more than one occasion. Our Senior Academic Prefects were the guest speakers for this dinner. Starting us off, **Kirsten L** gave an insightful speech on the ethics of kidney transplants: a topic we were all very interested to discover more about. Is it right to buy a kidney from someone in a low-income country? Who should be prioritised with limited donor organs available? To round out the evening's talks, **Corellia W** gave a heartfelt, quirky and erudite speech on why we should appreciate the moon. She explained the motion of the tides, the reflection of sunlight, and how we have immortalised the moon in art and poetry throughout human history. Well done to everyone who made the evening so enjoyable, and we look forward to similar high standards next year.



BURNS NIGHT

In celebration of Burns Night an event was held in Mairlot Hall with the attendees dressed up with a touch of Tartan. Years 8 & 9 girls and boys from both St Teresa's and Cranmore were treated to a night of dinner, dancing and fun! They were given the opportunity to try Haggis, a traditional Scottish dish, as well as learn some traditional Scottish dances.

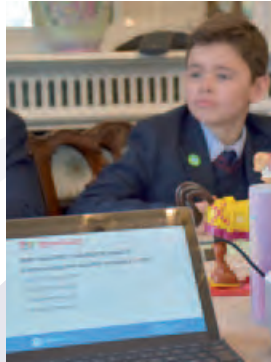


MENTAL HEALTH WEEK

As part of Mental Health Week, the pupils participated in a variety of activities around the school.

Year 11 received a talk on well being during the exam season, all pupils were also able to receive a "Hug in a Mug" hot chocolate during their break! Later in the week during form time the pupils learnt about the importance of focusing on the moment, in an activity where they created friendship bracelets. The Mental Wellbeing Ambassadors were joined by students from Cranmore for a mini medic talk. Parents were also able to attend a talk from **David Leech**, an expert in mental health, to learn about wellbeing, including what being happy or worried feels like and how to be more positive in the face of adversity.

What a fun week it was!



MENTAL HEALTH CONFERENCE

We hosted our first Wellbeing Conference with 12 other schools joining us for a very interesting day.

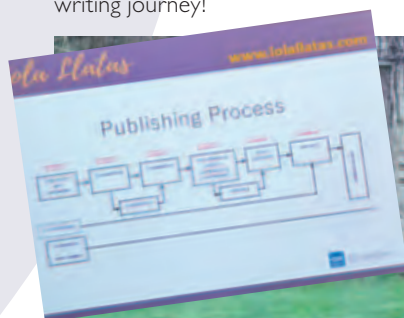


INTERHOUSE MASTERMIND QUIZ



AUTHOR VISIT

As part of the Enrichment programme **Lola Llatas**, a Spanish children's book author, delivered a fascinating workshop on how to become a writer, and the process of having a book published. The girls were very engaged and asked many questions about her writing journey!



INTERNATIONAL WOMEN'S DAY

To celebrate International Women's Day, our Head Girl Team presented on the reason we celebrate the day in our weekly assembly. They talked about the theme of this year which is to Embrace Equity.



WORLD SCHOLAR'S CUP

The World Scholar's Cup programme is a celebration of learning. Students study an interesting and contemporary curriculum. They then compete in teams of 3 against other schools in 4 different events – team debate, collaborative writing, scholars' challenge and scholars' bowl. We entered 5 teams from St Teresa's and Cranmore from Years 7–9 for the competition.

We hosted 10 schools from across the home counties and even an international school from Geneva, Switzerland.

All our teams qualified for the global round. The Year 9 team of **Isabel C**, **Katy H** and **Daisy S** came 2nd overall in the junior division. **Isabel** was the top scorer in the junior division team debate event and her skills were displayed during the showcase debate.



WORLD SCHOLAR'S CUP GLOBAL ROUND

After a successful regional round hosted by St Teresa's in March, six students from the Effingham Schools Trust took part in the global round of the World Scholar's Cup competition held at University College London 26–30 July 2023. We entered one team of Year 7 students from St Teresa's and a mixed team of Year 8 students from Cranmore and St Teresa's. The students travelled up to University College London each day and competed in four events – team debate, collaborative writing, scholars' challenge and scholars' bowl. The event included an opening ceremony at Bloomsbury Theatre, a scavenger hunt around Regents Park, a cultural fair held at the British Medical Association's headquarters as well as a ball at the London School of Economics student union. The round culminated in a closing ceremony held at the Light Auditorium. All our students enjoyed success and received medals for their achievements and both teams qualified for the Tournament of Champions to be held at Yale University in November. The programme has now been running at St Teresa's for 3 years and we hope to be able to offer our students the opportunity to compete in all three rounds in 2024.



PSHCE CONSENT LESSON

Year 8s and 9s from both St Teresa's and Cranmore had joint lessons on consent. They developed their knowledge following on from the Schools Consent Project workshops. They learnt about the law of consent and discussed key terminology. Working in groups, they gave advice to characters in real life scenarios.



THIS YEAR IN CLASSICS

Our Year of Intellect has suited the Classics department very nicely indeed. In fact, it is probably our favourite value of the lot. We got off to a promising start in September with a well attended Enrichment Society talk on Homer's Iliad and Odyssey, outlining the plot and themes of these foundational epics of European literature. Our new PGCE trainee, **Mr. Quar** (who will be returning to join us full-time in September) followed this up with a fascinating talk in November on Linear B script – the earliest form of written Greek ever discovered. Equipped with clay and stylus, the girls even got to make their own tablets to take home, covered with various curses, palace inventories and love poems. The Autumn Term was rounded off with our customary Latin Christmas carols in the chapel, where much enthusiasm was shown for both Medieval originals and modern carols translated into Latin.

The Spring Term saw Yrs 12 and 13 venturing first to the British Museum and then to a Classics conference on Plato's Symposium, chaired by **Professor Edith Hall** of the University of Durham. Year 7 embarked on a Pompeii Tourist Guide project and Year 8 researched Boudicca and how the Romans responded to her revolt.

Summer half term saw the long-awaited, post-Covid return of the Rome and Pompeii trip, which proved just as successful as any we did in the past. 25 girls from Years 8 and 9 saw sights ranging from the Colosseum and the Roman Forum to the cellars of Herculaneum and the house of Lucius Caecilius Iucundus. I doubt any of us will be forgetting the balmy evenings in Sorrento or the view from Mount Vesuvius in a hurry.

As the year drew to a close and our exam cohorts prepared for their final exams, a lighter mood settled in Classics. Some of the girls dressed in togas and sandals for the Sixth-Form end of year party (Jess Hill's Julius Caesar was a big hit, though many commented she looked more like the Greek poet Sappho without Caesar's distinctive wrinkles and receding hairline). Dr. Poffley even put in a turn during Values Week's busking event, singing Barbie Girl by Aqua translated into Classical Latin. Rounding everything off, final-week fun for Year 10 involved playing Latin Scrabble, which was likewise a big hit.

Quite the itinerary, and difficult to know how we'll top that next year. Perhaps a libation to Jupiter is in order, given that next year's value is Faith...



FLOREAT FESTIVAL

As part of the year of Intellect, Year 7 have worked towards their Floreat Projects from October until late June. Each pupil was challenged to create a project about something that interested them. Floreat means "To FLOURISH" evoking the idea that the girls were growing their passion by taking part in this journey of intellectual discovery. The finished projects were displayed to an audience consisting of Year 6 pupils and parents. It was wonderful to see the sheer variety of the projects, mirroring the unique qualities and personalities of all our girls. The smorgasbord of topics included, but was not limited to, reptiles, fashion, dogs, snakes, Hong Kong, photography, Jamaica, sport, stationery and Harry Potter. Every pupil in Year 7 should feel very proud of their accomplishment!



YOUNG ENTREPRENEUR

Darcey B took part in the Young Entrepreneurs Business Fair in Guildford on Saturday 15th April. She was up against 44 other young entrepreneurs who were all showcasing their businesses. She was chosen by the BBC to be interviewed live on radio minutes before the fair started. Four prizes were up for grabs and after being interviewed by two separate teams of judges she scooped the top prize of "Judges Choice." The feedback included, "amazing products, incredible stand, prices are clear and Company branding superb." Well done Darcey. She later sold some of her pottery at Kingfest on Friday 5th May.



YEAR 7 TEAM BONDING



HISTORY TRIP

On Friday the 9th of June, Year 9 went to visit CEMA (the Centre for Experimental Military Archaeology), to learn more about life during WWI and WWII. We heard two fascinating talks about life on the Homefront, including interesting facts about rationing and the evacuation of children from London, and the uniform of a British soldier – or a ‘Tommy’. After lunch, we then went to visit the trenches that had been dug in the surrounding forest. One of the trenches was built during WWI, and the other had been constructed to teach people about life in the trenches and trench warfare. Walking through, we discovered more about the harsh conditions soldiers lived in.



HISTORY TALK

Year 7 had a guest speaker from Windsor Castle, the focus of the talk was 'What happened after 1066'. They discovered more about the aftermath of the Battle of Hastings, particularly the introduction of the Feudal System by William the Conqueror – some of the girls even got to dress up as the King, Nobles, Knights and Peasants! Building on their knowledge of the Medieval period, the speaker also explained how Windsor Castle developed from a traditional Motte and Bailey Castle to a stone fortress that is very difficult to attack. The presentation finished with an explanation of what Windsor Castle is used for today and the girls learnt more about the role of the King in today's society.



Y7 SILENT DISCO



Values

EXPLORE LECTURES

Running the
Ultra Trail du
Mont Blanc

Wine and
Hospitality

DOUG CLARK

As part of our year of Intellect we invited a series of speakers to give a lecture throughout the year. **Doug Clark** gave a lecture on his experience running an "Ultra Marathon", his journey running for 29 hours straight from Chamonix to St Joveah and all the training and preparation that came before this incredible feat. He talked passionately about how important it is to have a long-term goal to help motivate you, and how learning from your mistakes can help teach you valuable skills. He was also very adamant on the impact of hard work and how it can pay off!



THIERRY THOMASIN AND MATT ZINSNER

We were delighted to have **Thierry Tomasin** and **Matt Zinsner** leading a session on Wine and Hospitality as they are highly experienced in the hospitality industry.



HANNAH FERNANDO

We were delighted to welcome **Hannah Fernando** to hear her talk on The Power of Social Media. Hannah was the news editor of Heat magazine, working her way up to edit the title. She has worked on numerous women's lifestyle magazines and currently edits Woman magazine.

Hannah's lecture was "Real vs Fake – how do you really know?" She talked about how there is so much on social media to look at. We hear about fake news, we know that images are filtered, perhaps we even do that ourselves. But, what's the truth? How do we know what to believe?

Real vs Fake –
How do you
really know?



MIRJA WEIDNER

*Sustainability
in Business*

Mirja joined Charterhouse Capital Partners, a UK Private Equity Firm in 2015. She is Charterhouse's ESG Director. In 2019, Mirja also gained a Certificate in Business Sustainability Management from the Institute for Sustainability Leadership at the University of Cambridge.

Mirja's enthralling lecture covered:

- the system pressures we are facing (climate, biodiversity)
- the UN Sustainable Development Goals as global blue print to achieve system change
- if you own a business, what this means across E (environment), S (social) and G (governance)
- what role do governments, households and consumers play?



GEORGIE POSTLETHWAITE

*Good interior
design is more than
paint charts and
scatter cushions*

- "Good interior design is more than paint charts and scatter cushions"
- Georgie has always been passionate about good interior design – how it makes spaces function effectively, how it affects mood and well-being; and how the perfect blend of colour, texture, pattern and finish can increase the aesthetic value of a property.



KATHY WEEKS

*Building
a Growth
Mindset*

- Kathy believes that children should all have confidence in their own potential, and not be limited by the beliefs they (or others) hold about themselves. Kathy's new fiction series reveals the diary of Harper Drew and the frustrations, mishaps and headaches that crop up often with her crazy family and tricky friends at school.



VALUES WEEK

To celebrate our Value of the Year, we embarked on Values Week from 12th June. What better way to celebrate this year's value of Intellect than with the greatest contest in what is quite possibly the greatest game on Earth, Scrabble! This wasn't just any old game of Scrabble, this is the ultimate, souped up, hyped up, super exciting week-long Festival of Scrabble.

The Eco council participated in an Eco trip to Brighton and the English department hosted a Literary Evening on Thursday 22 June.

Ten Sixth Formers, along with many Year 10s, four teachers and Neo, undertook the annual Pilgrimage to Guildford Cathedral. They set off at 7 am and walked nearly 20 km, making sure to stop along the way to virtually join assembly and Breakeoke. They had such a great time and learned the value of soaking in the wonderful nature around them with friends.

Parents were also invited to join us for Finding Neo, a Cluedo inspired mystery event! We also had a Readathon of War and Peace running throughout the week in support of "The New Dawn African Girl Charity."

Of course Values Week would not be the same without Breakeoke that took place all week at breaktime with the whole school joining in!



INTERHOUSE DANCE



BREAKEOKE



PILGRIMAGE



FINDING NEO

Infamy! Calumny! Raise the hue and cry! Some dastardly charlatan had dognapped our precious Neo, and the blackguard was holding him hostage!

That was how we all came into assembly. Mrs Cawley was beside herself, and as the day wore on the sense of foreboding only got worse. In the evening, though, our meretricious mountebank revealed his awful plan in full. Dr. Poffley's evil twin (or maybe it was just the real Dr. Poffley in a fake moustache – who can say?) had locked the dog up, with the aim of posting him to Siberia so we'd never see poor Neo again. But the villain had given us one last chance to save our furry friend!

Six fiendish puzzles lay before the hopeful teams of children and adults. Solve these, and the code to the lock on Neo's cage was revealed. In the science labs Mr. Garlic led eager teams through his complex Physics-based escape room. In the chapel Deacon Simon challenged one and all to follow the lives of our House Saints and build up a composite picture. In the sports hall Miss Kay put girls and parents alike through their paces, and in John Bosco House Ms. McDowell challenged them to a session of frantic code-breaking. Finally, evil Dr. Poffley cackled and sneered at those who came to the library, setting them a sequence of rhyming riddles concealed in the books.



By the time everyone had returned to the dining hall, they had the code in hand. But they didn't know where Neo was being held. Fortunately the walls were now decorated with profiles of our staff, and a further "Guess Who" puzzle pointed teams to the first clue in a sequence that eventually led to his location. A mad scramble ensued, from the pavilion to the fountain to the gazebo to the daffodils. The chase ended at the old ice house, where Neo was found, safe and well!

To signal this joyous reunion the fastest team rushed to the chapel again, where the bells were rung in joy and evil Dr. Poffley fled in thwarted frustration. A prize of sweets for the girls and wine for the adults was shared out, and everyone left knowing that disaster had been averted.

The last we heard from evil Dr. Poffley he had barricaded himself in the linen cupboard, and even now he plots his revenge. But with such quick-thinking girls and parents on hand, he doesn't stand a chance of pulling the wool over our eyes next time!

READATHON



INTERHOUSE ART COMPETITION

Fantastic congratulations to **Hermione A (7PC)** for her excellent artwork relating to this year's theme 'into the deep'. Hermione produced an outstanding body of work relating to plastic pollution and food waste. Her use of media (icing fondant) and even the box it was presented in was a fantastic use of imagination. One of the best entries that we have had over the years. Well done, Hermione!



BUSKING



Music

SPRING ENSEMBLES CONCERT



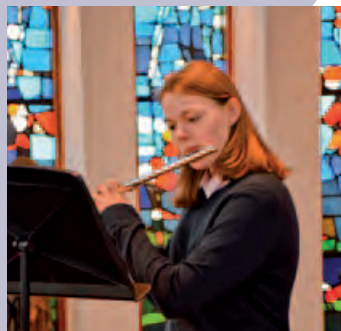
SOLOISTS RECITAL

An enthusiastic audience were treated to some wonderful performances by the talented instrumentalists in the lower part of the school. Showcasing a range of styles and instruments, the girls showed huge talent and bravery in what was, for some, their very first public concert at St Teresa's. With repertoire ranging from Bach to Elton John, the evening was a delight and the girls played and sang superbly.



ST TERESA'S INTERHOUSE MUSIC FESTIVAL

The hotly contested Interhouse Music Festival had many stellar performances but the overall winner, and St T's Musician of the Year, went to **Jadwiga K-L** for her incredible trumpet playing and all-round musicianship. Her name will now grace the walls of Mairlot Hall. The winning house was St Benedict. Congratulations!



CLASSICAL CONCERT

The classical concert was a truly unique evening! Students played different variations of the earliest pianos and harpsichords that really brought out the character of the piece; there was even a trio who performed a bit from an opera with scenes of speech included which was very enjoyable to watch.



JAZZ EVENING

In March, our audiences were treated to a truly one-of-a-kind evening of Jazz in Mairlot Hall. With café-style seating, delicious snacks and drinks served at table, and a fantastic line up of singers and instrumentalists, including the staff choir, accompanied by a professional jazz trio.



NIGHT AT THE OPERA



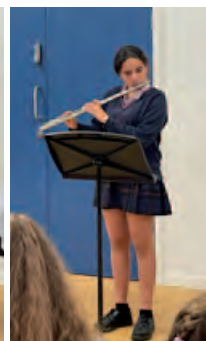
CONCERT AT ST MARY'S LONG DITTON

Some of St T's most enthusiastic musicians took part in a fundraising concert at St Mary's Long Ditton, in aid of their organ restoration fund. The girls played medleys from the Sound of Music, everyone did a solo and the audience roundly agreed (over tea and cake, following the concert) that it was a huge success. Thank you girls for giving up your Sunday for such a worthy cause!



WOODLANDS SCHOOL CONCERT

Our girls put on a music concert at Woodlands School. Woodlands School is for pupils who have either severe learning difficulties, very complex needs or autism. They thoroughly enjoyed performing to an enthusiastic audience!



MUSIC CAPTAIN

We welcome **Rose-Marie M** to her new role as Music Captain. A talented trumpeter and music scholar, she has been an invaluable member of the department so far. She has lots of exciting new ideas for music at St Teresa's



SCHOLARS' CONCERT



CHOIR NEWS

Our flagship choir continues to go from strength to strength. Apart from half termly Evensongs, the choir has performed at Arundel, Chichester and Winchester Cathedrals, sung at the Carol Service and ensemble concert, plus recorded new hold music for the school's telephone system!

TRINITY MUSIC NEWS

Many congratulations to **Felicia** in Year 7 who has been awarded a place at Trinity College in London to attend the Junior Trinity Main Programme, to study voice. We look forward to hearing about her progress.



EVENSONG AT WINCHESTER CATHEDRAL

Members of Schola Cantorum took part in Evensong at Winchester Cathedral with choirs from the Royal School of Church Music. Boasting the longest medieval nave in Europe, this magnificent building has inspired worship for many generations and so was a very appropriate setting for our celebration. It was a particularly special event as it fused the traditional evensong with the Royal School's annual recognition of those who had made a significant contribution to church music.

Being one of the few young choirs in attendance, it was a fantastic opportunity to sing with adult choirs and experience the richness of four-part harmony. The chosen anthem by Thomas Hewitt Jones was particularly poignant and effective as the text was based on the speeches of the late Queen Elizabeth II and sung in her memory.

This prestigious event was livestreamed across the globe, and we were very honoured to be a part of it.



EXTRA CURRICULAR

The department's many extra-curricular clubs have been very popular. From rock guitar to ukelele, concert band to string ensemble, our musicians have been able to stretch themselves in new musical ways and enjoy performing in front of a friendly audience at our Ensembles concerts.



MUSIC SCHOLARS' CONCERT

Our talented Music Scholars put on a truly special concert for parents and staff in the Chapel. With individual performances on instruments including cello, flute, piano, voice and violin, the school's best musicians showed off their skill with aplomb. The repertoire was an exciting mix of classical and modern, with pieces from musicals (Oliver and Hamilton) nestled between Haydn, Tchaikovsky and Debussy. The future of music at St Teresa's is bright, with such talented students in the department.



MUSIC TRIP TO WICKED

On Thursday 30 March, 20 Music Scholars and GCSE Music students enjoyed a trip to see Wicked, the Musical on London's West End. With a magical score and some truly unforgettable numbers including the GCSE set piece Defying Gravity, the girls and staff had a "Wicked" time!

T-FEST

We held our inaugural TFest! Performers from Cranmore, St Teresa's Prep and St Teresa's Senior schools showcased a varied and exciting medley of musical talents in the glorious sunshine.



EASTER MUSIC COURSE

In the Easter holidays, many students from a wide range of schools, including a student from Canada came together to create a phenomenal concert in just four days. During those four days each pupil took part in a wide array of different activities including singing, improvisation, and composing music. In just a few short days an amazing concert was created which is no easy task. It was an amazing experience to play challenging music and to make new friends. It was truly unforgettable.



LONDON COMMUNITY GOSPEL CHOIR VISIT CRANMORE

Some girls from St Teresa's choirs were lucky enough to be invited to Cranmore to take part in a workshop with the London Community Gospel Choir. They worked with **Bazil Meade**, the founder of the choir, during the day and learned some songs in 3-part harmony as well as the history of gospel music. In the evening they performed alongside the choir and watched the professionals at work—an amazing evening they will never forget!



Science

SCIENCE WEEK

Science week began with a STEM Roadshow where the girls were shown how engineering is at the front of space travel as well as ocean discovery. They took part in the interactive communication tasks and really enjoyed the huge props!

Later our very own Mr Andrews and Mr Stephens demonstrated some of the most fun chemistry experiments, with whoosh bottles and jelly babies and Irish Elephant toothpaste to name a few!

In the evenings of 13th and 14th March, families from Year 8 from both St Teresa's and Cranmore had a CSI evening trying to solve the mystery of the missing Epsom Derby Trophy taken from Dr McShane's office. Fingerprinting techniques, blood analysis and other forensic methods were used to find the culprit... Mr Field!

The whole school took part in a picture quiz, identifying various items from within the science department from very close-up photographs.

GLIDER COMPETITION

On Thursday lunchtime the Year 7s were invited to take part in a glider competition; building and testing their own gliders. We had some amazing entries and all the girls who took part won a prize. The winning team of **Piper K** and **Isabella M** produced an epic glide of 6.10m which beat our in-house test glider!



SCIENCE CSI



MR ANDREWS
AND MR STEPHENS



STEM ROADSHOW



SCIENCE CLUB

Year 7 science club tested the parachutes they had been working on. They all made excellent parachutes and no eggs were broken!



MEDSOC TALK WITH EX STUDENT

Hannah Evans, an ex-student came to Medicine Society to present a talk about non-alcoholic fatty liver disease; a subject which she has been studying at university. The talk was engaging, with interesting facts such as: the liver is the only organ that can completely grow back to its original size even after up to 90% of it has been removed!



HEART DISSECTION

Year 10 started their new topic around the heart and circulation. They began the topic by exploring the different chambers and blood vessels associated with the heart through a heart dissection. The girls all got heavily involved and all had a go at dissecting various elements.



MEDSOC TALK

We were fortunate to welcome **Dr Anna-Maria Rollin MBE** to talk to us about her journey to becoming a NHS consultant anaesthetist. It was fascinating to hear her experiences in medicine including what is was like for her being one of only 6 women at her medical school! She talked about her exciting life including the various challenges she faced as well as rewarding experiences. It was truly an inspiring talk!



MEDSOC TALK

The members of MedSoc had guest speaker, **Dr Margot Nicholls**, speak to them about her role in health protection and public health. They learnt about her career pathway, from medical school to general practice, then accident and emergency and finally into public health. It was interesting to understand the wide-ranging responsibilities covered in her current role, including the number of different diseases she is a point of contact for, such as whooping cough and jaundice. We all came away having learnt much more about this specific area of medicine.



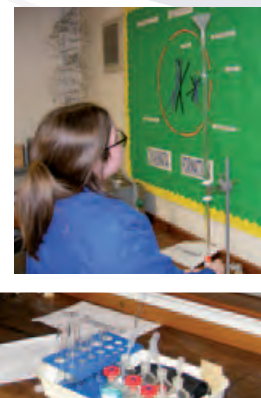
GO KARTING

Years 7 and 8 students were invited to take part in a series of lessons and activities including a hands-on experience of driving electric go-karts in our own sports hall. The aim was to inspire and enthuse our young scientists and engineers to pursue future educational opportunities and careers in these exciting and interesting fields.



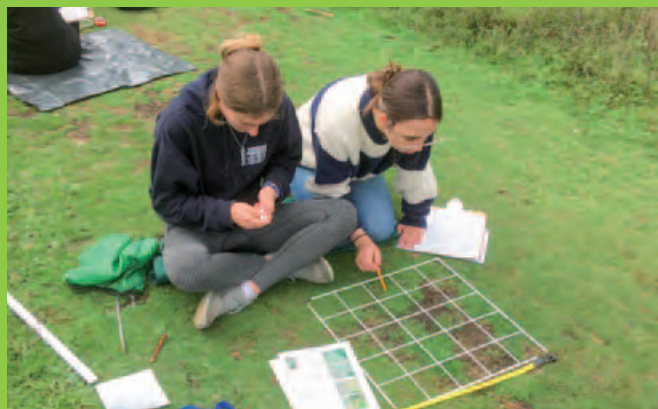
TOP OF THE BENCH COMPETITION

On the evening of Tuesday 13th December, a team of enthusiastic chemists from St. Teresa's came third in a regional heat of the Royal Society of Chemistry's Top of the Bench competition. Eight other schools brought teams to Farlington School to undertake a series of practical challenges and theory problems. The combined scores of the St Teresa's team enabled the team of **Alice P, Lucie B, Gabriella DPG** and **Isabel C** to come third in the competition.



TRIP TO JUNIPER HALL

The Upper 6th biologists took part in their A Level fieldwork investigation at Juniper Hall. They were blessed with good, warm weather as the pupils undertook a variety of sampling and data collection techniques with the focus on the changing habitat on Mickleham Downs. The course covered the Ecology practical work required for the A Level Biology specification, including two required practical investigations.



CHEMISTRY CLUB

The Year 8 Chemistry Club became wax sculptors.



LONDON ZOO

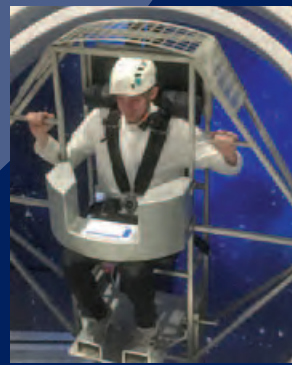
BIOLOGY TRIP

The Sixth Form Biologists were lucky enough to get to visit the ZSL London Zoo with the Year 9 students as part of Biology week. They had a wonderful day and got to see lots of fascinating animals. One of the favourites was the Pygmy Hippo which is basically a smaller Hippo! It was an educational day and the Year 13's got to apply their knowledge on conservation while the Year 12's were able to get a flavour of what they are going to learn.



EURO SPACE CENTRE TRIP

The girls had a wonderful and busy week on their trip to the Euro Space Centre. In white lab coats the girls were “building a satellite” using microcontrollers and digital sensors connected with WiFi modules. The exciting climbing wall was a microgravity simulator where the girls had to repair a satellite by adding solar panels and repairing or replacing damaged circuitry while experiencing zero gravity. Other activities included a three-axis rotation simulator, a remote-control rover task on the Mars surface and a big space mission simulation where the girls took on specific roles in mission control as well as pilot and mission commander in a shuttle simulator. An exciting time was had by all.



Geography

RESTLESS EARTH AWARD

BCS came to school and ran their Restless Earth workshop with our Geography students. The students had to use a variety of maps to create their own map, to show how they would have managed the Sendai earthquake disaster. It is a yearly national competition and one of our teams won. The members of the successful team were: **Etain S, Poppy O, Alice G, Grace H, Lucie B**. Congratulations.



Y10 GEOGRAPHY TRIP

The Year 10 Geography students enjoyed a residential trip to Dorset in order to complete the required fieldwork component of the AQA GCSE. On the drive down to Osmington Bay they stopped off at Barton on Sea to review the coastal processes and to consider the threat of erosion and how this is being defended against. They also stopped at Studland Bay for their lunch and to consider coastal processes and the development of sand dunes and how they are being managed; before making the walk along the headland to see the eroded chalk headland off which Old Harry rocks are located. In the evening they enjoyed a silent disco.

The following day, they completed their human fieldwork in Weymouth, where the girls surveyed contrasting residential areas and then moved on to Upperwey to complete the physical fieldwork of measuring the river channel characteristics. They also visited West Lulworth, walked to Durdle Door and Lulworth Cove and of course had the opportunity to enjoy an ice-cream.



GEOGRAPHY TRIP



DofE

BRONZE D OF E AWARD



GOLD D OF E AWARD

Congratulations to **Scarlett** and **Abby** who went to Buckingham Palace to receive their Gold Duke of Edinburgh awards!



SILVER D OF E AWARD



D OF E GOLD AWARD TRAINING EXPEDITION



Trips

ROME AND POMPEII

The trip began at a quite frankly uncivilised hour. I doubt any of us would have got up at 1.45am for much else. But despite all that, and Mrs Randall's unfortunate incident shutting her fingers in a window up in boarding, we were off to a brisk start. The next few hours on coaches and trains flew by, until we found ourselves early in the morning, walking through the deserted streets of Rome on our way to our first big destination – the Colosseum. The girls were genuinely impressed by the scale and grandeur of the building, and with crowds of tourists milling round it was easy to imagine ourselves back in the First Century as the trumpets sounded and the gladiatorial games began.

Once we had explored the nooks and crannies of ancient Rome's premier sporting venue it was time to pass by the arches of Constantine and Titus and climb the Palatine Hill. Even in their current, very dilapidated state, the remains of the Palace of Augustus and the Circus Maximus where the chariot races took place were breathtakingly impressive.

To round out our first day of visits we descended into the Roman Forum, where the girls were surrounded by temples, court buildings, shops and monuments. A quick lecture on evidence for Roman dentistry later and we were back to the hotel for dinner and sleep.

On Saturday we spent our time in the Vatican Museum and St. Peter's Basilica, marvelling at the treasures the Catholic Church has acquired over the centuries. We passed by the Tomb of Scipio Barbatus, the Laocoon statue, Nero's Porphyry bath and hundreds more pieces in awe, before the tapestry and geographical mural galleries led us to the Sistine Chapel. Leaving before our necks were too tired from all that looking up, we checked out the inside of St. Peter's, to the accompaniment of a sextet of nuns singing Ave Maria over the speaker system. Stopping briefly to see the chapel to St. Therese in the Church of St. Mary of the Angels and Martyrs (or, the Baths of Diocletian as we classicists tend to know it), we all piled on to the coach once more to head for the Bay of Naples.

Sunday was our day to climb up Vesuvius and take in the views, while Monday saw us visit Pompeii and Herculaneum to get as close as we could to life in a Roman town. It was very interesting, seeing how the grandiose architecture of Rome itself was recreated on a much more human scale here, and everyone had a soft spot for the House of Caecilius Iucundus, star of our much beloved Cambridge Latin Course (sadly his wife Metella was not in residence in the atrium, as the course had promised us she would be).

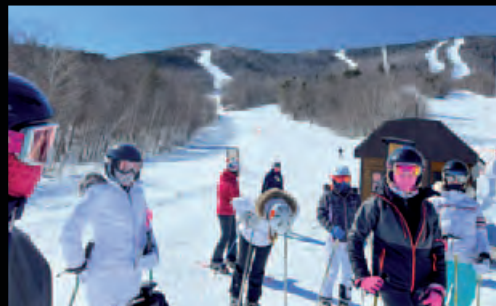
We had a wonderful time, if an exhausting one (Mrs. Randall's fitbit told us we walked about 13km most days), and thanks to the tireless work put in by Mr. Melvin on social media a record of that joy remains for all who went and those who didn't. Hopefully his welter of bad puns will stand the test of time as well as the ruins of Pompeii have, though I very much doubt it.





SKIING TRIP CANADA

The girls spent their ski trip in Canada, with fantastic weather and fresh snow the girls had a wonderful time! They also had the opportunity to visit Quebec which included the hotly anticipated shopping trip in Toronto, along with an incredible day at Niagara Falls bringing their ski trip to an end. What a fantastic tour it was!







SLOVENIA 2023

An amazing trip was had by all.

The girls took part in kayaking, hiking, climbing, canyoning, mountain walks, and a trip to Lake Bled for a beach day and paddle boarding – all the girls loved it.



NORWAY

The girls had an amazing time in Norway with sea kayaking and camping in spectacular places.



YEAR 7 RESIDENTIAL TRIP

The Year 7 Residential trip was great fun – with five different activities that they took part in ; from team work in the Crate Challenge, to all Aboard which was a fun, but a bit of a nerve-racking activity. This consisted of a team of 3 or 4 people, climbing up a slim pole to reach the top of a wooden square, as big as a large pizza box. Holding onto each other, you had to try to balance until someone fell!

Indy Bridge was a high rope activity. During this adventure, you would climb up staples and go through obstacles to get to the top. The zipwire is a well-known experience. You might think you have been on a regular zip-wire, in a playground or park, but this zipwire really went above and beyond, travelling 100 metres in total. Everyone loved it!

Scrambling was like rock-climbing, down a mud slide. The instructors told us how millions of years ago, the rocks were under water. We could see the holes where previous animals have made homes.

In the evening, after we had dinner, we all got cosy in our pyjamas and walked through the forest towards the campfire. We held a talent show, with Mr Breeze as Simon Cowell, Mr Andrews as Louis Walsh and Mr Neate as Cheryl Cole. What a great time! We had rappers, beatboxers, singers, actors, and even basketball players. We sang many songs!

Overall, this trip will be remembered and everyone enjoyed it so much. We look forward to future trips like these. Remember, 'Hey you, Hey you, Show me how you Bongaloo!'

By **Erin C** and **Grace H**



TRIP TO HAMPTON COURT

Year 8 had a lovely trip to Hampton Court! They had a chance to look round the castle and see how Henry VIII lived, bringing to life this historical period. This was followed by an enjoyable ice skating session.



ECO

GREEN FLAG AWARD AND BOOK SALE

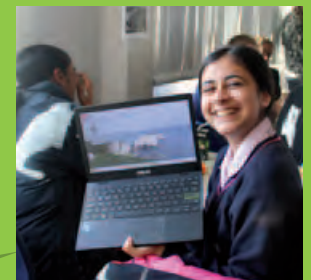
The Eco Council has had another successful year with an Eco Rep from each form to percolate information to each year group. The school year was kickstarted with a wonderful assembly to all the school on what they have achieved since receiving their green flag; reducing our food waste from 42 bags per week and diverting it from landfill, separating recycling from landfill and working in conjunction with Boarding so all their preloved waste has been donated to various local charities. Following their energy audit if a room is not in use switching off the lights, projectors, screens and any computers. They have held book sales throughout the year and even a preloved clothing sale. In addition part of the beautiful school grounds have been rewilded.



KBR ONE OCEAN

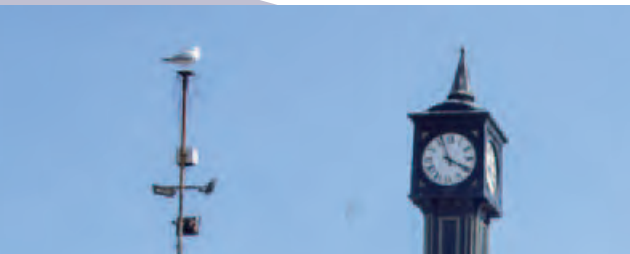
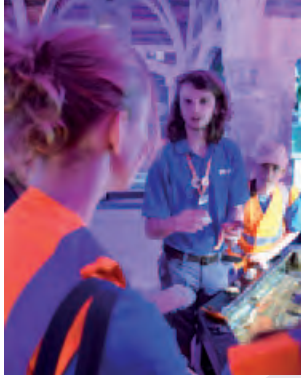
We were delighted to welcome **KBR One Ocean** to our Eco meetings where we have been investigating living systems, Climate, the Ocean and effect of Plastics and Pollution on the Marine Environment and how plastics are made and their impact on the oceans.

Also we have learnt about the myriad of job opportunities that come under sustainability, whether environmental, economic or social. We explored the many university courses available that would go towards careers in sustainability, such as chemical engineering, zoology, environmental politics and ecology, and we heard from two experts from KBR about the education they went through to get to where they are today. It was very encouraging to those who are interested in this area to discover that sustainability can be approached from so many different directions and that the demand for these jobs is continuously growing. We all really enjoyed the series of talks!



ECO TRIP TO BRIGHTON

The Eco Council had a wonderful day in Brighton visiting Sea Life and finding out all about their conservation work followed by a litter pick on the beach as part of the KBR One Ocean programme.



FRENCH BREAKFAST

A French breakfast was held at Cranmore for the pupils across the Trust to practice their French, with a little help from some of our Senior students to help keep the flow of conversation going.



MFL WEEK

Flamenco

In honour of the European Day of Languages, students in Year 7 were given the opportunity to participate in a Flamenco workshop, taught by our very own **Señora Granada Herbello**! Students were introduced to the basic steps and channelled their inner Flamenca.

Salsa

Pupils were able to master the beginnings of Salsa with our visiting dance teacher, **Carlos Paz**.

Bake Off

Pupils also took part in the Great European Bake Off with some wonderful entries, beating out competitors from a variety of year groups, **Olivia's Tarte Tatin aux Pommes** took first prize this year.



DAY OF THE DEAD

Spanish classes celebrated the Mexican festival 'Día de los Muertos'. The MFL department collaborated with several Mexican students, who explained in class what this beautiful festival consists of. They described how the festival is celebrated in their country, and answered questions about how they celebrate it at home with their families. This year's activity was to create the 'Día de los Muertos' altar. The girls all worked together to make colourful paper flowers to spread across the table with photos remembering those departed.



SPANISH TRIP

On Wednesday 15th March Sixth Form and some Year 11 students went to London to savour some delicious Spanish dishes and practice their speaking at the tapas restaurant 'Meson Don Felipe'. Afterwards, they went to the Cervantes theatre to watch "La Casa de Bernarda Alba", which is the play that they study for their Spanish A Levels.



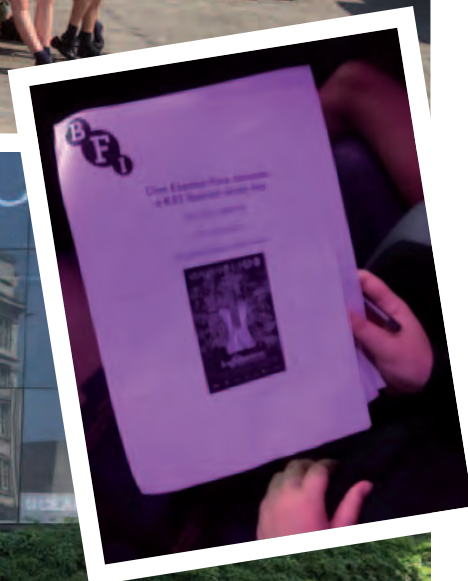
SPANISH STUDY DAY

Year 11 and Sixth Form students attended a study day about the Spanish director **Pedro Almodóvar** at the British Film Institute at South Bank in central London. Conducted mainly in Spanish, the morning consisted of a clip-based presentation giving an overview of Almodóvar's work including narrative themes, character archetypes, visual style and influences, casting and intertextuality. The presentation focused on *All About My Mother* (1999) and *Volver* (2006) and explored how Almodóvar's themes, characterisation and style are apparent in both films. Students were supported in studying key scenes and engaging with in-depth textual analysis.



SPANISH TRIP TO LONDON

On Tuesday, 13 June Year 9 went to a Cinema Spanish Day Workshop organised by the British Film Institute and taking place at the IMAX in London, giving the pupils the opportunity to boost their Spanish language skills through the study of some short films and interactive activities.



Performing Arts



MOVE IT DANCE TRIP

The girls had a great time taking part in the Move it Dance trip this included dance classes, watching the dance companies and conservatoires on the main stage as well as taking part on the freestyle stage. The highlight was being able to meet **Neil Jones** from Strictly Come Dancing!



EVIE IN THE NUTCRACKER

Evie S in Year 7 was part of the Royal Northern Ballet's production of The Nutcracker at the New Victoria Theatre at Woking. She played a party-goer and was an attendant to the Sugar Plum Fairy. She had lots of support from her friends, and 24 boarders also went to see her perform. Everyone felt especially Christmassy afterwards!



GCSE AND A LEVEL TRIP – TO KILL A MOCKINGBIRD

On Thursday 13 October, GCSE and A Level drama pupils went up to London to visit the Gielgud Theatre to watch the play To Kill a Mockingbird directed by Bartlett Sher.



SPLENDID PRODUCTIONS WORKSHOP

GCSE and A level students, plus some members of Year 9, relished the opportunity to work with **Kerry Frampton**, a renowned theatre practitioner and founder of Splendid Production workshops. The drama students had a wonderful time looking at social and political theatre, Brecht and how to create a thoughtful and powerful devised piece.



DANCE SUCCESS

St Teresa's girl **Izzy K** recently danced in 'Voice in a Million', an enormous school concert at Wembley stadium. The event raises money for Adoption UK and Izzy enjoyed the opportunity to perform to such a large audience of over 12,000 people.



FRANTIC ASSEMBLY THEATRE COMPANY

The iconic and prestigious physical theatre company Frantic Assembly came in to do three workshops with our Drama students. The students had an amazing time working with the Frantic practitioners and exploring some of their innovative and aesthetic techniques and how to use them to enhance storytelling in theatre.



'OTHELLO' THEATRE TRIP

GCSE and A Level Drama students had a great evening at the Yvonne Arnaud Theatre, Guildford, watching Frantic Assembly's 'Othello'. They enjoyed the energetic and exciting fusion of Shakespeare's classic story with Frantic's iconic physical theatre. They enjoyed seeing some of Frantic Assembly's techniques and methodologies being used in a professional production, after enjoying Frantic's creative and inspiring workshop at school.



SOUTHPOINTE DANCE COMPETITION

A huge congratulations to all of the members of 'Saltare' dance team, who competed at 'Southpointe' dance competition. The dancers were hugely successful and won a number of events. They were up against some tough competition from prestigious Dance Schools and congratulations to our dancers for winning their awards:

1st place – lyrical trio – **Freya D, Naomi C and Chloe H**

1st place – senior song and dance – **Freya D**

1st place – teen lyrical solo – **Naomi C**

1st place – senior street solo – **Chloe H**

1st place – teen street solo – **Georgia S**

1st place – intermediate modern duet – **Lucia C and Emma J**

1st place – teen street duet – **Bella B and Georgia S**

2nd place – teen street solo – **Taylor B**

2nd place (joint) – teen jazz – **Taylor B**

2nd place (joint) – teen jazz – **Jess S** Southpointe teen performer award – **Taylor B**

1st place – group lyrical piece



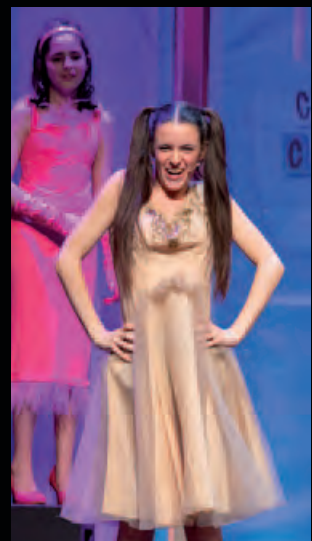
DRAMA FESTIVAL



HAIRSPRAY

"You have to think big to be big," declares Tracy Turnblad, the feisty teenager who brings racial integration to a TV dance show and marks a turning point for 1960s Baltimore – for bopping, beehived teenagers at least. And what a joyous turning point it proved to be. With an ensemble cast from Years 7 to Sixth Form, the talented cast of Hairspray had the audience singing, dancing, and clapping with rapturous applause. A colourful extravaganza that spoke a powerful message of politics, race, size and female self worth and, left the audience howling for more. A real triumph for Director Miss Hansen, and a performance that cast and crew should be proud of.





ROMEO AND JULIET

Congratulations to our amazing performers, outstanding backstage crew, Hair, Make up, wardrobe and technical crew who performed to a sell out audience.





Charity

NEW DAWN AFRICAN GIRL

This year during Values Week we held a 'War and Peace' readathon. We used the money raised from the event to purchase reading books for the nine girls currently residing at the New Dawn African centre.



KILIMANJARO CLIMB

Summer successfully completed the climb of Kilimanjaro (the world's tallest freestanding mountain). She succeeded despite -15c temperatures (-30c with the windchill), 8 days of living in a tent, catching a cold, a final 10 hour final ascent/descent starting at midnight, snow, hail, rain, getting altitude sickness at 5,200m and vomiting the rest of the way. She also raised over £1,700 for the Comic Relief appeal at the same time. Well done Summer!



HOUSE CHARITY EVENTS

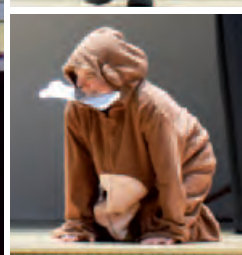
Inter-House events are planned to build relationships between pupils across houses and year groups. Throughout the school year the House Captains from each house organised team building activities for all years to spend time together. It is a fantastic opportunity for the years groups to get to know one another. They ended on a high with the House Charity events raising £2500 for their respective chosen charities! Events such as the Interhouse mastermind quiz. It was an extremely competitive and exciting event with both the Junior and Senior teams ending in a tie. This resulted in a playoff for the winners. The eventual winners were St Francis for the Junior section and St Benedict for the Senior section.

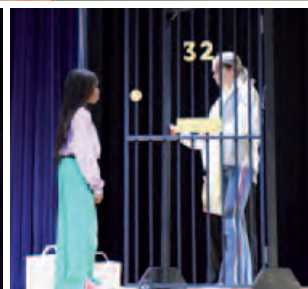


CHARITY GIVING DAY



INTERHOUSE ARTS



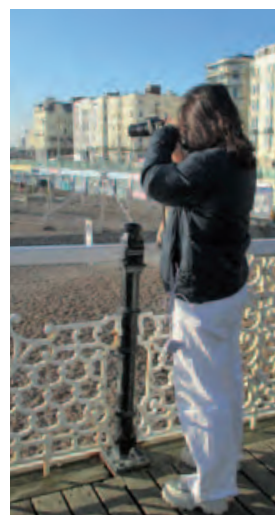


Art

BRIGHTON ART TRIP

The pupils visited the Brighton Pavilion and Museum. The Royal Pavilion is one of the most extraordinary buildings in the country, given its Northern European location. The Museum next to the Pavilion houses a wide variety of fascinating artefacts, including paintings, ceramics, and furniture.

Afterwards they enjoyed lunch at a pizzeria before heading to the pier to take photos and observe the interesting structures.



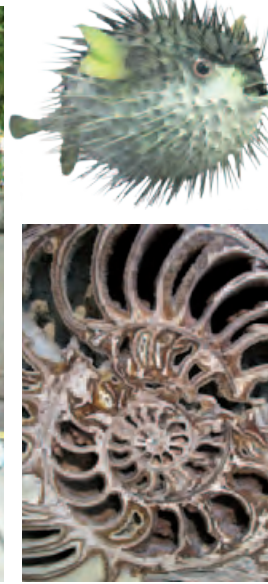
HORNIMAN MUSEUM TRIP

The girls had a lovely time on their visit to the Horniman Museum in London. They went to see the fantastic collections of natural history specimens, cultural artefacts, and musical instruments. The trip gave the pupils the chance to collect vital first-hand research.



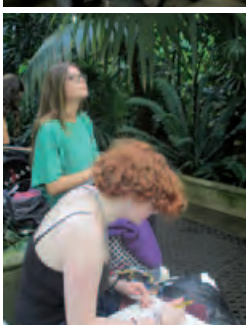
NATURAL HISTORY MUSEUM ART TRIP

The Natural History Museum, A Level Art visit was a wonderful opportunity to observe unique and curious pieces of history. As soon as they walked into the entrance the famous whale loomed over them and they were able to see the remarkable Dippy, explore the museum seeing the exhibited objects such as dinosaurs, mammals, fossils, minerals, jewels, coral, skeletons and taxidermy animals.

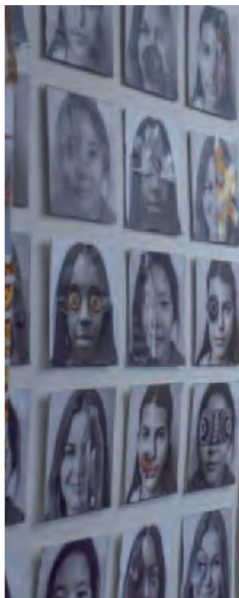
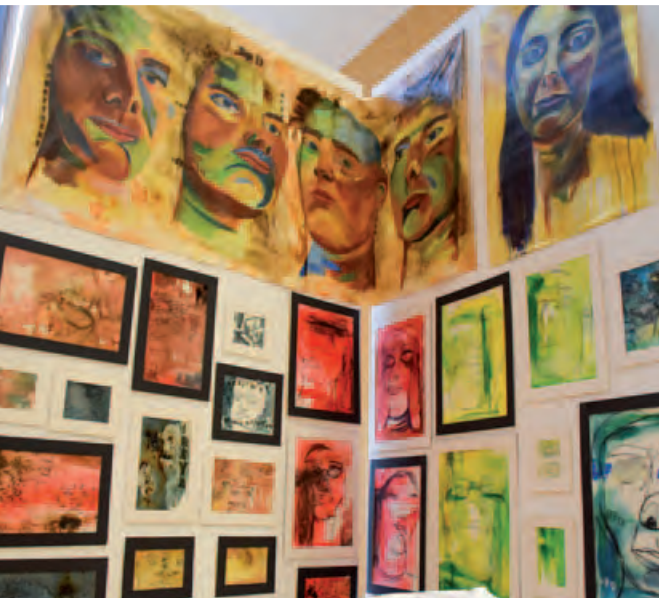


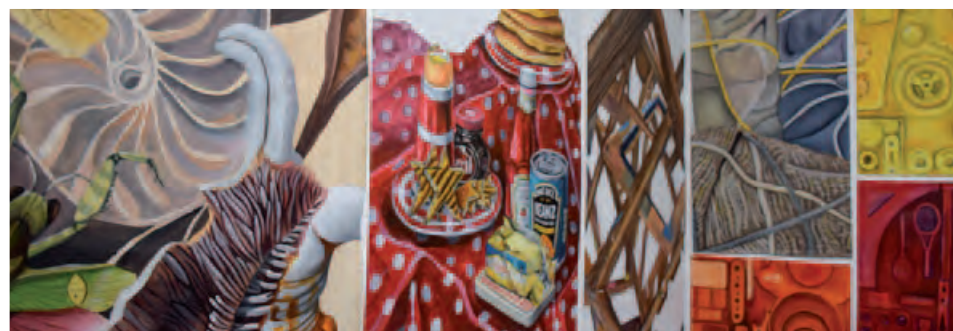
TRIP TO KEW GARDENS

Year 10 Fine Art, Photography & Textiles pupils had the opportunity to visit Kew Gardens, which holds an amazing collection of exotic plant forms and architectural structures. This visit allowed the pupils to collect vital first-hand research, which they will be able to use back in the classroom.



ART PREVIEW





SIXTH FORM ST IVES TRIP

Our A Level art students had a wonderful trip to St Ives giving them great inspiration for their sketchbooks visiting the harbour, the Maritime Museum, the Tate, Barbara Hepworth's Sculpture Garden; her creations led the way for other female artists, and her inclusivity and imaginative designs helped St Ives become the artist hub that it now is. The sunsets were stunning. On the way back they stopped off at the Eden Project, viewing the biomes of the Mediterranean and the Rainforest.



Chaplaincy

FEAST DAY

St Thérèse of Lisieux is the saint our school is named after. We celebrated her Feast in September whilst we were all in school with a lovely Mass for the whole School community.

YEAR 8 RETREAT





YII
SUMMER
BALL





English

ROTARY

NATIONAL SEMI FINAL

On Saturday 25th March, our Intermediate Public Speaking Team participated in the Rotary National Semi Finals in Mairlot Hall. They won three previous rounds to get to this stage of the competition and competed against six other strong teams. The competition was very tough but the girls spoke confidently and held the attention of the audience exploring their chosen motion: 'British Sign Language should be part of the National Curriculum.'

Amelia chaired the team with an admirable calm manner and ensured the debate was delivered with purpose. **Georgina** spoke passionately about the benefits of introducing British Sign Language in schools and was awarded 'Best Proposing Speaker' for her delivery. **Sophia** represented the opposing side of the debate and also spoke excellently showing a deep understanding of the topic.

Georgina, Sophie and **Lucy** gave a fantastic presentation on the power of peaceful protest in the Senior debate Competition.



NOUGHTS & CROSSES TRIP

Year 9 enjoyed seeing Malorie Blackman's "Noughts and Crosses" brought to life on the stage at the Rose Theatre in Kingston. The play tells the story of a segregated society and the struggle facing Sephy and Callum as their love is forbidden in a divided world.



POETRY LIVE

The English department took all of Year 11 to see Poetry Live in London. This was a fantastic opportunity for pupils to hear many of the poems on the GCSE syllabus read by the poets themselves. They enjoyed listening to **Carol Ann Duffy**, **Imtiaz Dharker**, **John Agard** and **Simon Armitage** and hearing what they had to say about their poems. There was also a very special moment for **Emma N** when she was invited to pose a question to Carol Ann Duffy. The chief examiner was also present, and he delivered two sessions exploring how to tackle the poetry questions and shared some exemplar answers.

ROTARY DEBATE SOCIETY

Two wonderful teams from Year 8 took part in the Rotary Club Public Speaking Competition held in Mairlot Hall. **Pascale W**, **Eleanor G** and **Gabriella G** spoke about the importance of extra-curricular activities. **Amelia B**, **Georgina W** and **Sophie M** debated the importance of British Sign Language. Congratulations to the winning team of **Amelia B**, **Georgina W** and **Sophie M** who fought off stiff competition from Manor House and Cranmore.



RUTH EASTHAM WORLD BOOK DAY VISIT

To celebrate World Book day we welcomed Ruth Eastham to give an inspiring talk about narrative structures and how to go about starting their own stories! The pupils were then treated to a wonderful themed lunch. A fun day was had by all.



GLOBE THEATRE TRIP

On Tuesday 7th March a group of Year 8s and 9s enjoyed a trip to the Globe to see a production of the Tempest. Despite the cold weather, fluffy blankets, hats and scarves ensured everyone stayed warm and enjoyed the show.



Maths

INTERMEDIATE MATHS CHALLENGE

On the 1st of February 100 of our students in Years 9, 10 and 11 participated in the Intermediate Mathematics Challenge (IMC). They competed against thousands of students across the UK and the world.

The IMC encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. They are designed to make students think. Most are accessible, yet still challenge those with more experience.

The following students deserve a special mention: **Sophie A, Lucie B, Emilie C, Veronica C, Isabel C, Katy H, Emily H-F, Hanna K, Lucy K, Lynn L, Harriet L, Andrea L, Emily M, Indiana M, Summer O, Pretoria R, Cara S and Amelia S-M** who all received a bronze certificate.

The following students achieved a silver certificate: **Jamie L, Alisa F, Kiara G, Julia L and Sophie S.**

Congratulations to all our students who participated.



JUNIOR MATHS CHALLENGE

On April 26, about 100 of the Years 7 and 8 students participated with thousands of other students from the UK and across the globe in the Junior Mathematics Challenge.

The Junior Mathematics Challenge is a 60-minute, 25 multiple-choice questions. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems.

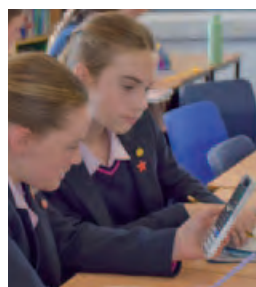
Our students produced some excellent results and did themselves and our school proud. Congratulations to all the students who participated.

Frankie achieved the best result in the year and **Matilda H** achieved the best result in the school.



VALUES WEEK

As part of Values Week, Year 7 were challenged to complete a series of calculator crunching tasks. One of these was a story involving two people going to a farm, however, all the key information was given as a tricky calculation to input involving roots, powers and fractions! Eventually, we found Liz and Bob saw some geese on their trips. Other tasks included problem solving relating to prime numbers, fractions and ratios. All Year 7 students were encouraged to take a step outside their comfort zone in the use of their intellect.



FINAL MATHS MASTERCLASS

See page 84
for further details



MATHS CHALLENGE AT CRANMORE

St Teresa's and Cranmore held their own Maths Challenge with teams testing their mathematical abilities and team working skills.



Christmas

NATIVITY SET

It was lovely to see our nativity set being used again. It is a real tradition that the Year 7s all love getting involved with. The set originally came with the nuns when the school was founded in 1928!



HORSE SHOW

Our very own **Inde W** competed at the prestigious London International Horse Show just before Christmas and was partly sponsored by St Teresa's. She personally raised a whopping £4,300 for the Bob Champion Cancer Trust. Well done.



YEAR 7 SANTA FUN RUN

The Years 7 and 8 Santa Fun Run was a huge success. The girls had great fun running around the local countryside in their festive attire.



YEAR 8 SANTA FUN RUN



Community

ALUMNAE EVENT

Our recent Alumnae Leavers met for a fantastic reunion at the Royal Automobile Club in London. The evening started with a drinks reception, followed by a delicious three course meal. During the event all participated in a St Teresa's Quiz, written by our current Head Girl Team. The venue for the event was beautiful, with all the table decorations handmade by our current Year 7 students and our Art prefect **Charlotte R.** The winner of the Quiz was our very own Miss Nelson, with the competition being fierce from some of our other members of SLT! The conversation and laughter flowed from this lovely group of young women all evening and it has been wonderful to welcome them back to school when they have been in talking to the younger students about their journey to university and their first jobs.



FOST CHRISTMAS FAIR

We had a wonderful Christmas Fair with an excess of £7,000 raised.

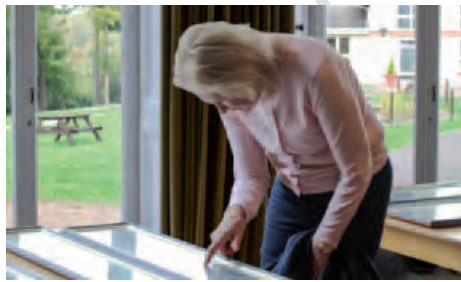


STOGA REUNION

It was wonderful to welcome back so many of our STOGA members for a Reunion on 1st of October; made even more special in that it fell on our Feast Day. We were delighted that one of our Governors could join us and cut our special cake.

Many of our old girls were reunited, ranging in age from 23 to 80+ and it was fantastic to see everyone re-connect with classmates to go through old school photos and share memories of their time here at school together. There was an opportunity for our old girls to meet our current girls during tours led by the students. Many wonderful stories were told!





KING FEST

It was wonderful to welcome all our school community to celebrate the King's coronation at our King Fest event which was held in collaboration with our EDI team and FOST. It was a wonderful way to start off the coronation weekend with food vans, snail racing and many more typical British fair games.



Sixth Form

“A DAY IN THE LIFE”

The Year 10s spent a day in the life of a Sixth Former. The Year 10s tried out some taster A Level lessons, such as Business and Psychology, and they made full use of the common room and Sixth Form facilities. The Year 12s and Year 13s were very excited to welcome them.



MATHS OLYMPIAD

On the 28th of September, three of our Year 12 mathematicians participated in the Mathematics Olympiad for Girls. This Olympiad is aimed at girls and young women across the UK and consists of five challenging problems. Congratulations to **Siqi J** and **Haiji Z** who achieved participation certificates and **Yuyi Z** who achieved a merit certificate. Once again, well done to them. They did the Mathematics Department and our school proud.



GRADEBOOSTER WORKSHOP

The Year 13 Business students went to a Tutor2U Edexcel Grade Booster workshop in Westfield in White City. They were given lots of tips and hints for their A Level exams.

HEAD GIRL TEA

The Student Leadership Team Celebration Tea took place in the boardroom. Both the 2023/24 Prefect Team and the 2022/23 Prefect Team joined together to celebrate with drinks and treats. Dr McShane thanked the previous Prefect Team for all they had done for the school.



MATHS MASTERCLASS

During this academic year, the Year 12 Maths A Level students have worked alongside the Royal Institute to deliver a series of masterclasses to Year 5 pupils from schools across Surrey including students from St Teresa's, Cranmore, St. Martin's, and Eastwick.

Masterclasses are a series of workshops where students can explore mathematics and computer science outside the confines of the classroom, through hands-on extra-curricular workshops. In collaboration with the Royal Institute, St Teresa's has provided a handful of gifted mathematicians in local primary schools an opportunity to expand their current level of understanding into topics beyond their curriculum.

The Year 12 students were lucky to have **Rachel Doris** from the Royal Institute in to show them how to run the classes. The first session was led by **Dr Jenny Sharp** from Plymouth University, where she discussed counting in base 8 instead of base 10. This allowed the pupils to discover a new form of counting.

The following session was run by **Sophie R, Ariella W** and **Emily E**, where they delivered a session on fractions using mixtures of coloured water to demonstrate the varying shades of purple.

The third session was run by **Louise B** and **Kirsten S** on probability, a relatively new concept which the pupils highly enjoyed. They made their own dice and conducted a range of probability experiments to understand relative frequency.

The penultimate masterclass was run by **Grace J, Coco Z** and **Amily Z**, who led the students through a series of cipher and code breaking tasks, with a prize at the end.

The final masterclass was led by **Alison Eves** from the Royal Institute which was based on Maths in Space. The pupils used scaled measurements to get a glimpse into just how big our solar system is.

Overall, this was a highly rewarding experience for both Sixth Formers and Year 5 budding mathematicians, as both groups have gained many valuable new skills. In particular, the Year 12 mathematicians led a series of outstanding masterclasses and should be congratulated on running such a highly successful programme.



LYNNE REID BANKS VISIT

St Teresa's received a visit from a St T's alumna, Lynne Reid Banks, a famous British author of the best-selling "The Indian in the Cupboard." She kindly donated her latest (and 48th!) book 'The Red Red Dragon' to our library. Our previous Deputy Head Girl, **Emma W**, along with the Head Girl Team from Prep School, gave Lynne and her son a tour of the school. The Head Girl Team arrived back at school just in time to meet her and find out what life was like at St Teresa's in the 1940s. It was such a pleasure to meet

such an inspirational woman and we hope that she comes to visit again soon!



QUESTION TIME

On the 18th of November, the Sixth Form were excited to have been able to participate in a 'Question Time' event with some local politicians. We welcomed **Sir Paul Beresford** (Mole Valley Conservative MP), **Brian Creese** (Chair of Guildford Labour Party), **Zoe Franklin** (Liberal Democrat candidate for Mole Valley) and **Lisa Scott** (Green Party Councillor) to the school.

A range of questions were posed to the politicians and various interesting debates were discussed.



HIGHER EDUCATION DAY VISIT

- Year 12 had their annual two day Higher Education Event. We had a jam-packed schedule, including creating their university long and short lists, attending pathway seminars, talks on personal statement dos and don'ts, course placement talks given by alumna **Charlotte D, Imogen L** and **Holly H** and a cream tea to top it all off.
- They were an incredibly valuable two days that have definitely helped them to finalise university choices, start their UCAS and give more confidence for writing their personal statements.



YEAR 12 TRIP TO THE BANK OF ENGLAND

The Business and Economics Department took Year 12 to visit the Bank of England. They had the opportunity to visit the Museum to gain an appreciation of the purpose of the Monetary Policy Committee, an insight of the history of money and how inflation erodes it, whilst also having the opportunity to hold some heavy gold bars!

PSYCHOLOGY TRIP

As part of the Year of Intellect, the Psychology department visited Surrey University on 30th January. Students were taken on a tour of the campus and listened to a range of fascinating lectures including how mild electrical brain stimulation can assist learners suffering from ADHD, how gut biomes can be engineered to inform the brain to release particular metabolites, the role of a clinical psychologist, how the brains of patients who hear voices react in the same way as they would if someone in the same room had spoken to them, and how developments in Virtual Reality can be used to help people suffering from phobias such as a fear of heights. Students gained valuable insights into university life from the excellent student ambassadors, the differing style of lectures, and the cutting edge of psychological research.



PODCAST RECORDING

The Head Girl Team this year have recorded their first series of St Teresa's podcast! As part of their research, they met with **Des Paul**, a producer and presenter of podcasts who is highly experienced in both radio and television. He gave them lots of useful tips on how to make their upcoming episodes to make them even more interesting and engaging for everyone! They have explored the history of our school, representing your country within Sport, Diversity Equality and Inclusion, what does it mean to be Head Girls in the Prep and Senior school with the last episode being all about Values week. We hope you have been enjoying them.



NEW HEAD GIRLS

We are pleased to announce our Head Girl Team: **Jadwiga K.L., Georgina S., Julia T.** and **Ariella W.**

We look forward to seeing what they accomplish in the next school year!



OXBRIDGE TRIP

On 9th March the Oxbridge trip took place. The long journey was well worth it with the stunning Oxford town hall. Here, the lectures were taking place. The first of which was held by **Julie Arliss**, a lecturer at Kings College who works closely with Oxford and Exeter University. Having spoken to the rest of the girls, her lecture on Justice, truth and beauty was particularly well received. She addressed theories of beauty, justice and truth, and used both ancient and contemporary examples to explore the complexity of our judgements and the difficulties of living in a society where beauty has become almost an ethical ideal. With an enthusiastic round of applause she gave a very useful and relevant lecture on the Oxbridge interviews, in which the key notes were: read, read and read a bit more and how showing how you think is key among other things.

A quick trip to the café down the road and then the next lecture held by **Dr Christopher O'Neill** begun. Dr O'Neill is a psychologist who leads the MYRIAD research project at Oxford University. His talk was on the psychology of outstanding achievement. He discussed the myths and truths surrounding the secrets behind success. His advice encouraged us to move past our fixed mind-sets and to push onto a path of success, determination and hard work. After this, both Julie Arliss and Dr O'Neill opened the hall to a debate with the statement: 'This house believes that it isn't OK to make comments about other people's bodies'. Having been presented with two contrasting arguments the students were given the opportunity to take the microphone and offer their thoughts and opinions.

There was a vast number who took part, with a massively ranging set of opinions. After the debate was concluded Julie Arliss proposed the question to the hall for a final vote. Ultimately the large majority voted against the statement, and thus, the consensus was that commenting on people's bodies is ok but with the addition from the crowd that the comments must be handled with care and good intentions.

After this, they returned to the cafés for lunch before the final part of the day: **Dr Mark Lewney** who described himself as a cross between Hendrix and Einstein. With an explanation of the physics of the guitar he made many demonstrations of its musical versatility and with that we left for home. It was really inspiring to have so many young people congregated with the purpose of learning more and wanting to engage in more obscure areas of thought. It was a hugely interesting seminar with a bit for everyone.



EGG ROLLING

The Head Girl Team were very pleased to receive multiple amazingly decorated eggs for the annual egg rolling competition and, were very 'eggcited' to get 'cracking' with the egg rolling on the driveway!

Excitement filled the air as everyone cheered their eggs on!



YEAR 13 WATER FIGHT

Year 13 had an incredibly busy and fun week with their final lessons, with a water fight breaking out in their last PE session, as well as their final assembly celebrations.



SIXTH FORM CHRISTMAS ACTIVITIES

The Sixth Form Events Committee organised some fun activities leading up to Christmas. From making big snowflakes adorning the Sixth Form Reading Room, gingerbread making, a Christmas Party, as well as an ice skating trip to Somerset House in London. Everyone thoroughly enjoyed the skating and relished the festive spirit in London.



YEAR 13 CELEBRATION

We hosted our annual Year 13 leavers' celebration. The Year 13 had their Leavers' Liturgy in the Chapel and after the service, students and their parents were invited for a drinks reception and a three course meal.





Y13 BALL





PE Dept

SHOWJUMPING SUCCESS

Izzy L competed in the British Showjumping, British Novice second round and came 6th qualifying for the National Championship final on her pony Belle. We are all very proud of her!



IZZY SHOW JUMPING

Izzy L competed in the I.10 horse jumping class at Parwood Equestrian in Normandy.



CYCLING SUCCESS

Our own **Oriane B** won two trophies at her recent cycling event. Her club is the Hillingdon Slipstreamers and along with regular racers, she managed to win both the "2022 Most Improved Racer" and "2022 Most Improved Rider", both within her U14 age group. We are hugely proud of her!



UPCOMING TALENT

Lucy E has been selected into the East Grinstead Talent Academy squad.

Arabella C attended a Surrey County Cricket assessment day earlier in October and was successful, so has kept her place in the Surrey CC squad for the fourth year running now. What an achievement – well done Ari.



HOCKEY WIN

On Sunday 23rd April **Laiya A** competed for Surbiton Hockey Club in the London Hockey Plate at the Lee Valley Hockey Stadium and won. They played a series of three matches, winning two and drawing one. We are hugely proud of her and want to congratulate her on her efforts. Well done, Laiya!



GCSE PE TRAMPOLINING COMPETITION

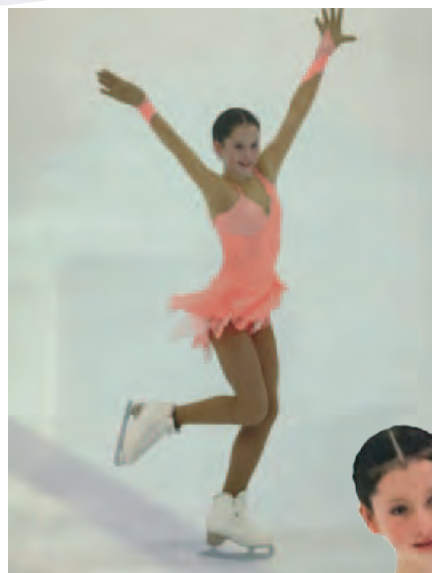
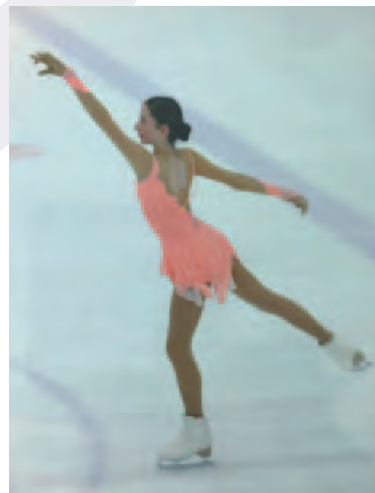
Bella B won the GCSE PE Trampolining competition at Tormead. She performed two different difficulty tariff routines as part of her competition element for GCSE. Bella wowed the judges, staff and other performers with her effortless skill.



ICE SKATING SUCCESS

Ava H scored her personal best and is now ranked at 27th place in the UK for Figure Skaters aged 15 and under.

Her next goal is to qualify for the next level up which is GB Intermediate Novice, we wish her the very best, well done Ava!



ROWING CHAMPIONSHIP

Tabby H competed in the National Junior Indoor Rowing Championships 2023 at the Copper Box in London. There were a total of 215 competitors from around the country. Tabby's determination and hard work paid off as she finished in an astounding 5th place! Congratulations Tabby!



STRICTLY HEADERS CHARITY MATCH

Well done to the UI3 and UI6 football teams who competed in the Strictly Headers football final, in support of the charity Play it Forward, at Rosslyn Park. Both teams played with determination and passion until the final whistle.

Congratulations to the UI6 team who won their final in an epic 3-0 domination, with three separate goal scorers, and a special mention to **Lola H** for being awarded the player of the match.

After the two student finals, St Teresa's stayed in full force to support and cheer on Dr McShane in the headmistress' match! Dr McShane demonstrated sheer determination and got 'stuck in', showing the girls that bravery and persistence are special characteristics to have. After a close and competitive start, Dr McShane's team started to pull away and the crowd went wild when Dr McShane scored her goal for the team! During the second half, Dr McShane displayed flexibility and played in goal. The final score was an incredible 6-2 win to Dr McShane's team. Well done!

It was an absolutely fantastic evening of football; well done to all involved!



SURREY REGIONAL QUALIFIER

The UI3As travelled away to Claremont for an exciting set of football fixtures and to compete in the Surrey Regional Qualifier.

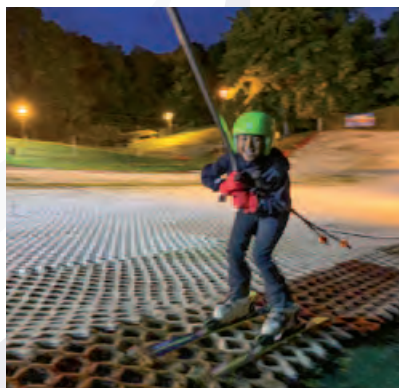


FOOTBALL SUCCESS

Xanthe L-S has just been offered a contract to be part of the UI4 Chelsea squad. This is following a successful season in the younger age group, so is a fantastic achievement and really reflects all her hard work. Well done Xanthe!

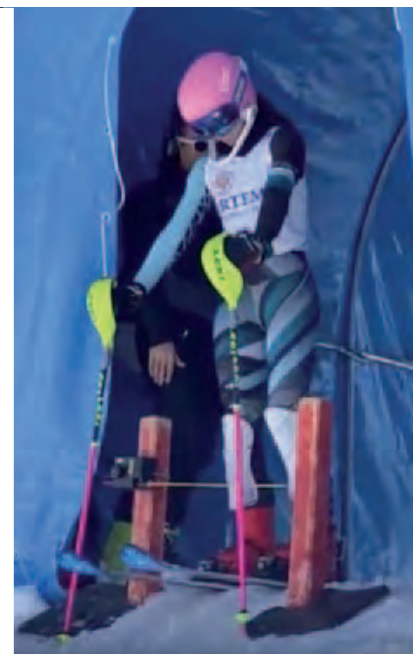
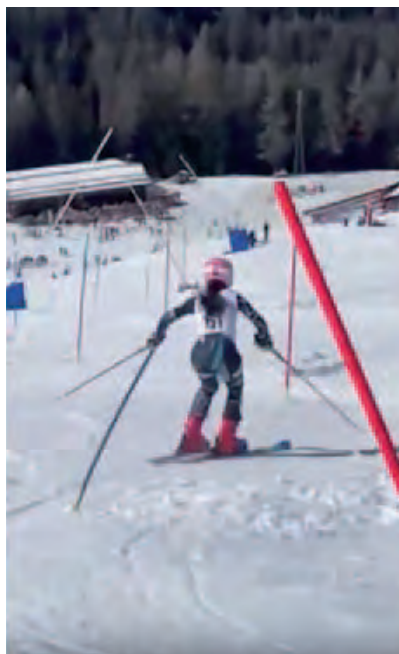


ST TERESA'S SKI CLUB



OUTSTANDING SKIING

Clémence E (Year 10) has represented St Teresa's in the Inter-Schools Skiing Championships and CDC for the British Ski Academy races. In all four races (two slaloms and two giant slaloms) she achieved top 10 which is an absolutely fantastic result! Both championships were open to all the British schools and some European schools, and all clubs also took part. Congratulations on another incredible ski season, Clémence!



ESSA INDIVIDUALS

On Saturday 28 January the U12–U18 swim squads competed in the ESSA Individuals at Guildford Spectrum. In the Junior category **Darcy A** started the competition off with a fantastic 2nd place in the 200IM. This set the tone for the rest of the competition with the Juniors placing 2nd overall in their age category. All girls scored points in their races with **Emily C** coming 2nd in the 100m Backstroke, **Tabitha H** 4th in the 100m Breaststroke, **Eva S** 6th in the 100m Fly and **Annabella M** 5th in the 100m Free. In the Inters, **Cayla W** swam magnificently to come 1st in the 200 IM. Despite not being able to fill one of the races the Seniors managed to place 2nd overall with **Louise B** 1st in the 200 IM and Sophie K 1st in the 100m Fly. A special mention to **Hana A** for swimming in the age group up to help the Senior team.

With all the results collated St Teresa's came 2nd place overall! Congratulations to all the swimmers who have worked incredibly hard over the past year.



SURREY DEVELOPMENT SWIMMING

A huge congratulations to **Eva S** and **Annabella M** in Year 7 who have been selected for Surrey Development Swimming.

This programme is the first phase of the Swim England talent pathway which is held nationally across all counties. It sets out to help create and support quality and progressive training at all stages of the swimmers pathway.

Well done, Eva and Annabella, we are very proud of you!



SWIMMING COMPETITION

Some of our swimmers participated in the Surrey's swim competition. Congratulations to all the girls that competed!

Darcey A won 3 gold medals and gained 3 PB's in the process which helped her achieve automatic regional qualification times. She also swam several other races coming 4th and 5th.

Cayla W swam in 6 events, winning gold in the 400IM, silver in the 50 Freestyle, 100 Breaststroke and 200 Breaststroke.

Ophelia A swam in the 50 back and did well considering she had 2 weeks off prior to the event due to illness.

Molly M swam in the 50 back seeded 27th and left the pool seeded 12th with a PB. **Eva S** swam 6 races and gained 5 PBS including a bronze in the 400IM. After this event she is placed one of the top 12-year-old girls in Surrey.

Congratulations to **Emily C** and **Tabitha H** who also competed.

SWIMMING SUCCESS

Darcey A managed to retain her National 2K Open Water Championship and **Louise B** got a marvellous silver in the girls national 5k Open Water Championships event.



LOUISE SWIMMING CHAMPIONSHIP

Louise B took part in the Inter-Divisional National Schools Swimming Championships in Coventry. She was in the senior girls 400m Freestyle long course event and came 4th and then she swam 200m Breaststroke and got a silver medal and a personal best time. No mean feat being a year young for the event. The South East Schools team, of which she was a part, came 2nd in the country. A huge achievement, congratulations.

WORLD SCHOOL GAMES SWIM COMPETITION

Our UI3 and UI5 Swim squads took part in the World School Swim Championships an international swimming event designed to showcase the talent, diversity, and sportsmanship of school students worldwide. Over the course of two days, some of the most talented and determined students competed at Queen Elizabeth Olympic Park in a bid to accrue the most points for their school. St Teresa's started the competition off well with the UI3's relay team placing 8th overall and the UI5's 5th overall. Despite early nerves the girls performed well throughout the whole weekend with lots of personal bests and many new experiences.



Special mentions to:

Hana A and **Ophelia A** securing a place in the 50m Backstroke final eventually coming 8th and 9th place.

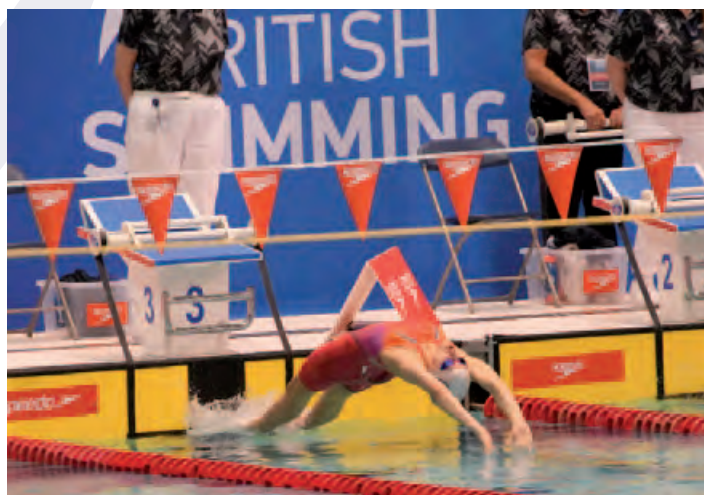
Gabriella G, **Molly M** and **Hana A** securing a place in the 100m Backstroke final with Gabriella G coming 3rd overall, Molly M 8th overall and Hana A 9th overall.

Cara S secured a place in the 100m Fly final and placed 10th overall. In the 200 Freestyle **Gabriella G** placed 4th overall and **Ophelia A** placed 8th overall.

Congratulations to all the girls involved, we look forward to entering this competition next year and making some more great memories.

SWIMMING CHAMPIONSHIPS

Huge congratulations to **Sophie K** (Year 11) who attended the British Swimming National Championships over the Easter weekend, competing in the 50 metre long course backstroke. She came 4th in the British Swimming Women's Junior National Finals! Sophie is currently ranked the 20th fastest female in Britain at 50m LC backstroke (across all ages). Well done, Sophie – we are very proud of you!



SUMMER SUCCESS



ESSA NATIONAL FINAL

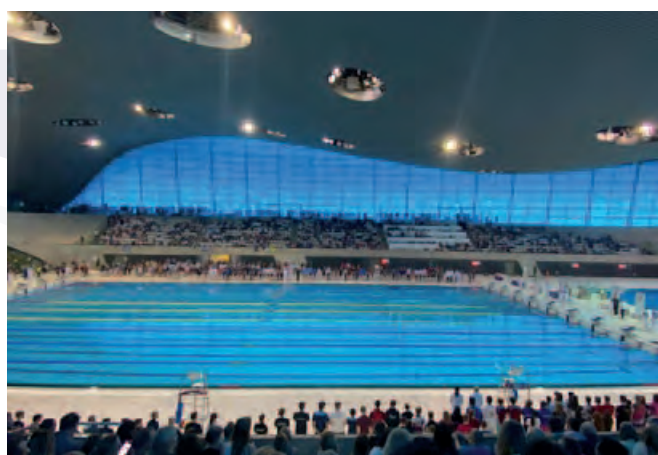
All three of our Senior Swim Squads (Juniors, Inters and Seniors) qualified for the ESSA Secondary Teams National Final on Saturday 19 January.

The girls arrived at the London Olympic Pool in Stratford with sheer determination and excitement for the day ahead. First up were the 4x50m freestyle heats where all three teams improved their qualifying times and rankings by a vast amount.

The Junior and Senior girls made it to the final (top 10 in the country), with the Inters achieving 11th place, and missing out on the final by just milliseconds. In the freestyle finals, the Juniors were fighting for the bronze medal position and up against their rival competition, Guildford High School. 4th place in the whole country truly is an astonishing achievement!

The Seniors also raced with determination in their freestyle final, improving their ranking by seven positions and achieving 7th in the country.

Huge congratulations, we are so proud of you girls. Now for the 4x50m medley heats! Overall, the Juniors finished 7th and the Seniors finished 8th in the country for the medley swims.



UI3 DISTRICT NETBALL CHAMPIONSHIP

The UI3A and B held their district netball tournament at St Teresa's. The A & B teams both came 2nd.



UI2 DISTRICT NETBALL CHAMPIONSHIP

The UI2A netball team went into the district tournament with high hopes, confidence and belief. This meant that the team came 1st in the District! Player of the tournament was awarded to **Zara J.**



UI5 DISTRICT NETBALL TOURNAMENT

On Monday 7th November the UI5A&B netball teams had their District Netball Tournament. The A team came 4th and the B team came 3rd winning silver medals.



NETBALL DISTRICT TOURNAMENT UI6

We hosted an UI6A district netball tournament. It was very sunny day with some amazing netball from all teams that played.



NETBALL DISTRICT TOURNAMENT UI8



TRIATHLON

Lucy B and Anna B completed a triathlon; Lucy had injured her toe and had to go to A&E the night before so she wasn't sure whether she could do it but fortunately she managed to!

Anna swam 400m in the lake, cycled 20km and ran 4km. Lucy swam 400m in the lake, cycled 8.4km and ran 2.5km.

They raised a staggering £1,307.50 for CRESS which is a Christian charity that helps South Sudanese refugees in Uganda to become self-sufficient.



ATHLETICS CLUB

Poppy S from Year 9 represented her Athletics Club, Aldershot Farnham and District at the National road relays at Sutton Park in Birmingham.

There were 50 different teams of 3 runners in the U15 age group and with Poppy being just 13 she was racing against girls much older, but she still managed to finish middle of the field. Poppy ran brilliantly and given she has just come back from a long term heel injury she is looking good for the cross country season ahead.

Well done Poppy!



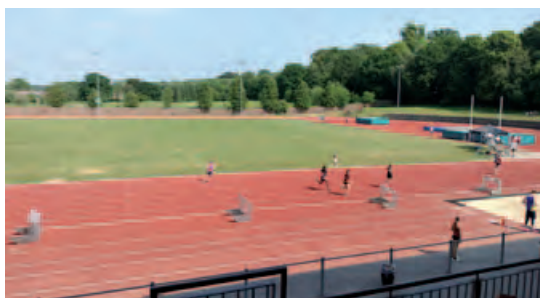
PE DEPARTMENT CHARITY RUN

- St Teresa's PE Department and Mr Melvin competed in the Henley 15km Tough Mudder on Sunday 7 May in aid of Dementia UK. The department were put through some gruelling challenges such as electrocutions, being shot down a tunnel into an ice bath, attempting monkey bars over muddy water, along with many army crawls through deep mud and dark tunnels! Along with this, they ran through thick mud throughout the 15km...which ended up being 19km...a trick course!



ESAA B FINAL

Years 7 & 8 athletics headed to the K2 in Crawley to compete in the South East England 'B' final for the ESAA track and field cup. The team qualified following a fantastic performance earlier in the term making them one of the top 24 junior teams in the region. With distances, heights and times all equating to a certain number of points it required all team members to give their best performance, as it can often be the smallest of margins at the end of the day. Needless to say the girls were brilliant. Every individual gave 100% and there was great comradery between everyone. Standout performances were **Chloe S** in the 800m, **Rachel O** in shot put and **Tabby H** in high jump who all won their respective events and accrued a solid number of points. The team finished a respectable 5th which was a fantastic achievement – well done girls!



ESSA TRACK AND FIELD CUP

The St Teresa's Junior and Inter girls travelled to the Spectrum to participate in the ESSA Track and Field Cup. What a day they had! All the girls that went along to take part in the team event and earn points for St Teresa's were enthusiastic, positive and gave everything to both their track and field events. We are so proud of them. Standout events were both our junior and senior relays, with both teams finishing second in their heats! They performed amazingly well as a team. We are waiting to receive final results to see if we progress to the next round.



DISTRICT ATHLETICS

A great day was had by the St Teresa's athletics team at the District event held at Guildford Spectrum.



ATHLETICS SUCCESS

Chloe S, **Tabby H** and **Arabella C** attended the West Surrey Athletics competition at the Spectrum in Guildford. **Arabella C** competed in the 300m coming 4th and was very close to a personal best. **Tabby H** cleared 1.40m in the high jump displaying excellent consistency over all her recent events. **Chloe S** had a busy day running in the 800m, 200m and competing in the long jump, but she literally took it all in her stride! Chloe finished 1st in the 800m and 2nd in the 200m meaning she has qualified for the National Finals in Nuneaton such a fantastic achievement. A huge well done to all three girls.



SURREY COUNTY ATHLETICS CHAMPIONSHIP

A huge congratulations to **Indiana M** in Year 11 who competed at the Surrey County Athletics Championships. Indiana achieved an epic 1st place in the 100m, and 2nd place in the long jump. Well done, Indiana! **Abi B** also competed in the Surrey County Athletics Championships, achieving a new personal best of 10 minutes 48 seconds in the 3000m! Coming 2nd. In addition, she also came 4th place in the 1,500m with another personal best performance (5 minutes). Well done, Abi!



BIATHLON SUCCESS

Congratulations to **Gabriella G** in Year 8, who qualified and competed in the National Schools Biathlon Championships. Gabriella placed 30th in the country, a great result! Well done Gabriella!



DREILAUF ATHLETICS RELAYS AT RIKKYO SCHOOL

Twenty girls from Years 7–10 took part in a fun relay event called the Dreilauf Athletics Relays at Rikkyo School. The girls excelled themselves, showing grit and determination. The races started off with the 3 x 200m for 5 minutes, definitely the hardest of them all. The UI4/UI5 team placed 3rd, with the UI2/UI3 placing 4th. Later on, our UI3/UI4 4 x 100m team placed 2nd and the UI2/UI3 600m, 300m, 200m and 100m teams came 1st! This comprised of **Chloe S**, **Lexi C**, **Alex R** and **Kacey C**. Chloe led the team from the start, giving them a huge lead after her 600m. Our top performing runners of the day go to **Chloe** in the UI2/UI3 category and **Abbie** in the UI4/UI5 category. Great effort from everyone!



ANNUAL CROSS COUNTRY RACE

Our UI3 cross country teams took part in the Danes Hill annual cross-country race. The Senior team comprising of **Darcey A**, **Sophie F**, **Annabella M**, **Grace W**, **Chloe S** and **Emily C** made their way to the start line ready to tackle the challenging course. The girls embraced the difficult underfoot conditions and paced themselves well, to complete a huge 3.8km race. Chloe S managed to podium after finishing 2nd while Darcey A and Emily C came in 6th and 10th respectively out of a field of almost 40 runners. As a result of the huge effort from all of the girls the team placed 3rd over all out of 11 other schools. A fantastic achievement and a real testament to all the hard work they have put in this cross-country season.



KNOLE PARK RUN

Eight Years 7 and 8 girls travelled to Sevenoaks school to compete in the annual Knole Park run. **Chloe S** was the best St Teresa's finisher placing a brilliant 6th, but all the girls finished in the front half of all the competitors – brilliant effort.



CROSS COUNTRY SUCCESS

Chloe S, **Poppy S** and **Abi B** headed to Priory Park in Reigate to compete in the Cross Country Surrey County Championships. Having qualified after success in the more local district round the girls were competing against the best runners in the county. Chloe and Poppy ran in the Junior age group in what was a very fast field of over 90 runners with both girls pacing themselves and looking strong throughout.

Chloe finished 28th and with the age group being a combination of Years 8 and 9 this is an excellent performance. Poppy placed in the top 65 making both her and Chloe two of the strongest runners in Surrey.

Abi ran in the intermediate age group and after a difficult season last year coming back from a broken collar bone she ran brilliantly. Holding a solid pace around the first lap, Abi stepped up a level in the second, steadily overtaking and making her way into the top 10. Abi crossed the finish line in 9th place meaning she has progressed through to the South East England Championships which are being held in Ardingly. This is a tremendous result for Abi who has worked incredibly hard at her running over the past 12 months. We wish you all the best for the next round!



WAVERLEY AND DISTRICT CROSS COUNTRY FINAL



CROSS COUNTRY SUCCESS

A huge congratulations to **Abi B** in Year 10 who has been selected to represent Surrey County at the Inter-County Cross Country.



Sports Day

The St Teresa's Senior Sports Day 2023 was a roaring success! The morning opened with a House parade led by the Years 10 and 12 House captains, who directed the girls onto and around the track with big cheers from the crowd of spectators.

Poppy S broke a school record in the 1500m and, on the field, the Year 7 competitors began the high jump, long jump and discus events. Highlights of which include **Alex R** throwing an incredible 17.47m in the discus and **Ella J-B** jumping a school record of 1m20cm in the high jump. Meanwhile, the Year 8 athletes were throwing shot puts and javelins with **Arabella C** producing a school record of 6.71m and beating her own personal, and the school's best. Prior to the mid-competition break, we also saw **Cayla W** run a record breaking 800m, along with **Abigail K** sprinting her heart out in the 100m to beat the Year 9 school record.

Two new awards were introduced this year which were the 'Junior Top Athlete' and the 'Intermediate Top Athlete' shields. The first girls to be engraved onto these shields were **Chloe S** in Year 8 for Junior, and **Milla H** in Year 10 for Intermediate. An enormous well done to both athletes!







ST TERESA'S EQUESTRIAN

STE has had a lot of change this past academic year with changes to the staff and a couple of new ponies.

Also, the NSEA team has been amazing with them participating in lots of competitions and showing great results which lead to qualifiers and Championships. Some of their achievements are listed below:

MERRIST WOOD SHOW JUMPING

On Saturday 25th February at Merrist Wood show jumping, **Claudia B** went double clear in the 70cm for 8th and **Harriet L** jumped a brilliant double clear at her first ever competition.

In the 80cm we had two teams, the Blue team of **Amber B** (individual 4th), **Lilly S** and **Saskia TvV** all jumped double clear for 2nd place, and qualified for the Champs in October. Meanwhile the Green team of **Claudia B**, **Antonia S** (10th) and **Pernille A** finished 4th, qualifying for the Plate Champs in October.

The 90cm team of **Amber B**, **Lilly S**, **Chloe B** and **Izzy L** finished 2nd, also qualifying for the Champs in October with an individual 4th for Chloe and 7th for Amber.

COOMBELANDS

Over the 1st/2nd April weekend, the NSEA grassroots riders had some great results at Coombelands. In the 60cm **Jess R** was 6th and **Rosie C** was 9th, both with double clears. In the 70cm the team of **Jess R**, **Rosie C** and **Abbie K** took a great win, with Rosie finishing 3rd and Jess 9th, qualifying the team for the Grassroots Champs at Hickstead in August!



NSEA FELBRIDGE

On Sunday 11th June we had lots of riders taking part in the NSEA show jumping and Combined Training show at Felbridge with some brilliant results.

In the Grassroots competition, **Florence B** jumped two super rounds in the 50cm & 60cm for a beautiful double clear in the 60cm and 10th place.

In the 70cm **Emily R** was taking part in her first competition for STE and jumped a brilliant double clear for 6th place!

In the 75cm, **Rosie C** competed as an individual for a great clear and 12th place in a big class.

In the 85cm we had a team of **Chloe B**, **Lilly S** and **Rosie C** who finished 7th. Chloe B was 6th individually and Lilly S was 9th.

In the 95cm **Chloe B** rode a super round for individual 3rd and qualification for the NSEA Champs at Addington in September whilst **Lilly S** had 4 faults but still finished in the top half.

Lilly S was also competing in the Combined Training and had a brilliant day, with a 1st and a 3rd in the 80-85cm class with two 70%+ scores and clear jumping rounds. She also had a 3rd in the 90-95cm class with another +70% dressage score and an unlucky 4 penalties in the jumping.



HURST SCHOOL SHOW JUMPING CHAMPIONSHIPS

On Friday 30th June, we had a really exciting day as 9 NSEA riders were lucky enough to head to The All England Jumping Course, Hickstead for the prestigious Hurst School Show Jumping Championships.

The day started very early for our Juniors with a 7.30am start in the Preliminary round. Great rounds from **Amber B** & **Antonia S** for four faults each. **Claudia B** jumped a confident round for eight faults. Last to go for the team was **Jess R** who jumped a brilliant clear round which gave her qualification for the International Arena later that afternoon. **Lottie B** was jumping as an Individual on her lovely new horse and after a miscommunication at the first fence then jumped a fab clear! Unfortunately, the team missed out on qualification for the main arena by 1 place but still finished in the top 50%!

The Senior team (U18s) were by far the youngest and on the smallest ponies, with three of our four riders still eligible for the Junior section but wanting to jump the bigger height. This didn't put them off, with some incredibly mature riding way beyond their years. **Inde W** and **Izzy L** both jumped great rounds with just a couple of small mistakes. **Pernille A** showed experience beyond her years and retired before the last line when her pony was full of confidence. **Chloe B** jumped the most beautiful round other than a miscommunication at one fence for 4 faults. So, no qualification for any of the senior team this year but they will have learnt so much and excitingly it was just their first try!

In the International Arena, **Jess R** was one of 6 clear rounds in the Individual section out of 30 in the first round of jumping. An unfortunate 4 faults in the jump off left her just out of the placings but it was a fantastic performance from Jess and Mandy who are still a very new combination – I think we will be seeing lots of great results from them in the future!

Very proud of how well they all rode – well done everyone!

EQUESTRIAN PRIZE GIVING



SPORTS SCHOLARS' DINNER

Our Sports Scholars were treated to an inspirational talk from **Peace Proscovia** at their annual Sports Scholars' Dinner. Peace is a professional Ugandan netball player for Surrey Storm and the current captain of the Uganda national team.

The girls were enthralled by her speech on how you should never give up on yourself. She gave the pupils some fantastic advice on time management and how important it is to not compare yourself to others and do the best that you can!



CCF

CCF EVENING

On Thursday 6th October the current cadets invited parents and pupils who are thinking of joining to a talk about the activities they carry out and to see an example of a drill and parade.



AWARDS CEREMONY

Well done to **Sqn Ldr Mrs T Pearson** for her SERFCA Surrey Lord Lieutenant award we are all very proud of you.



CCF PAINTBALLING

Cadets from both St Teresa's and Cranmore went paintballing. The cadets were split into two teams consisting of both boys and girls. The teams competed against each other doing a variety of tasks, which included obtaining fighter jet batteries from the opposing team in a Star Wars themed area, and a zombie head from a graveyard. The cadets all applied their skills learnt throughout their time at CCF to sneak around the areas unseen and complete the tasks to win.

It was a very enjoyable experience and a great way to work with the other cadets, all whilst learning valuable skills for the future such as teamwork, leadership skills, listening skills, shooting skills, communication skills, and many more.



CCF SUMMER CAMP

This year's summer camp was adventure training at Inskip air cadet training centre. We took 14 cadets from St Teresa's and Cranmore up to Preston.

With two other schools, cadets took part in a number of activities over the week. Monday was a little damp but that did not dampen their enthusiasm on the lake. Over the day they took to the paddle boards, kayaks and made rafts with the other schools. There were lots of opportunities to shoot rifles on the range as well the computer DCCT range. They finished up later in the week with a paintball battle scenario.

The centre also has a abseil tower, climbing wall and low ropes as well as an obstacle course, all of which the cadets enjoyed. Dodging the rain, the cadets also took part in an orientation task which everyone from our CCF did well at. The last full day was spent at Blackpool Pleasure Beach which turned out to be a rather wet end to a fantastic week. Quite a lot of sleeping in the coach after a busy time learning new skills and making new memories.



CCF RIFLE SHOOTING

With guidance from their instructors the CCF learned how to shoot rifles.



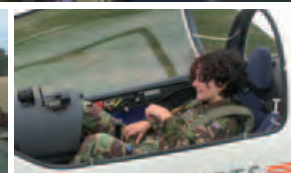
CCF STEM CHALLENGE

The CCF resplendent in their new camouflage kit, undertook a STEM challenge aimed at developing their problem solving and team working skills. The challenge was to construct a wheelbarrow to transfer as much water as possible over a distance of three metres within an allotted time. The teams successfully completed the task with a range of creative solutions.



FLYING AT RAF BENSON

CCF cadets from both Cranmore and St Teresa's had the opportunity to fly Grub Tutors when they went to RAF Benson during the Easter break. They all had an amazing time.



Boarding

NATIONAL BOARDING WEEK

Boarding were delighted to take part in the BSA National Boarding Week. Each day the boarders were involved in all kinds of fun activities. Boarding week really brought all the houses together in a range of different ways, including a competitive round of capture the flag and Mexican game prisoner.

Monday – we did bead collecting whilst walking as many times as possible around the school field; the longest bead collection won a prize – Well done **Adriana!**

Tuesday – we played games outside and had fun chalk drawing whilst listening to music.

Wednesday – The boarders have proved that they all have a very competitive side, with a two-hour game of capture the flag!

Thursday – Lots of girls competed in the National Boarding Week's Bake Off. There were a variety of cakes including coffee and chocolate heart cake; grape and pineapple sponge with Oreo icing and, a rainbow cake with a surprise filling.

Friday – They had a fantastic time dancing their hearts out at our Silent Disco on Friday! They jammed out to various hits such as YMCA and The Macarena!



LONDON TRIP



MAMMA MIA



NUTCRACKER



ICE SKATING



THORPE PARK



PAINTBALLING



BRIGHTON TRIP



HARRY POTTER WORLD



AIR HOP AND
POLESDEN
LACEY



SNOW DAY



SWIMMING



BOARDING PRIZE GIVING SUPPER



BSA ORCHARD PLANTING

Our Head of Boarding and our Deputy Head were joined by the Boarding Schools Association representative Jane Graham and some of our international boarding community to plant a crab apple tree on our school grounds to join the 'Boarding Orchard'. The Boarding Orchard was launched by the BSA in 2014. It aims to be the 'largest' orchard by geography in the world and encourages schools to involve their pupils in planting trees to support the environment. Since launch, schools across the UK – including Wales, Scotland and Northern Ireland – have joined the Boarding Orchard, and trees have also been planted at boarding schools across the world. The crab apple was chosen as a symbol of knowledge.



WINDSOR
CASTLE



ZIP LINE



Prep News

PRIMARY MATHS CHALLENGE

Congratulations to our brilliant Year 5 & 6 girls who took part in the Primary Maths Challenge this year. Independently, they had to approach a range of different types of questions covering all different areas of Mathematics and often including more than one concept. With confidence and enthusiasm, they all tackled the problems well, applying knowledge and unpicking questions involving many different steps.

Well done to all of the girls that took part and those that were awarded Bronze, Silver or Gold certificates.



POLAR DAY

To begin their 'Frozen Kingdom' topic, Year 6 had a fantastic day investigating life in a polar climate. They learnt about the adaptations of different polar animals and how a layer of blubber can insulate you from the cold. The girls also made their own mountains out of plasticine and used oobleck to demonstrate glacial flow.



STONE AGE VIRTUAL REALITY

Year 3 had an exciting time visiting the Stone Age period using Virtual Reality headsets. Amongst others, the girls saw Avery Long Barrow, The Ring of Brodgar, a hand axe and had a virtual tour of Stonehenge narrated by the historian, Dan Snow. The girls thoroughly enjoyed their experience and were amazed by the sheer size of some of the henges and many questions followed the lesson!



FROZEN KINGDOM

Year 6 explored the Antarctic with Ernest Shackleton during their topic, 'Frozen Kingdom'. After asking Ernest their questions about his expedition, the girls wrote letters asking to join his crew. Luckily, they were finally accepted (phew!). They researched: the conditions they would be facing; how to look after their expedition dogs; and sent postcards home to their families.

The girls really enjoyed this creative topic, making stunning journal covers and adding their own pages of sketches.



PARACHUTE EXPERIMENTS

The girls in Year 5 learned about air resistance in Science. They made parachutes of varying sizes and used stop watches to time them falling from the balcony. They discovered that the larger parachutes descended more slowly and therefore have the most air resistance.



DIGESTION EXPERIMENT

Year 4 started a very long, very smelly experiment! With their Digestion topic in full swing, and a current focus on teeth, they set about finding the impact that different liquids would have on our teeth. They used hard boiled eggs to represent their teeth, and their shell posed as our enamel. They agreed on a variety of 16 different liquids ranging from hot beverages to fizzy drinks and got to work. They left the eggs in their liquids for a whole week, it got a bit stinky! They weren't too surprised that coke and coffee left their marks, but purple squash was a shocking surprise!



Music/Performing Arts



Rebecca Price Photography

SUMMER PRODUCTION

After months of preparation, the Years 5 and 6 girls shone in their 'supercalifragilisticexpialidocious' production of 'Mary Poppins'. It was 'practically perfect in every way'!

INTER HOUSE SINGING COMPETITION

The girls wowed the audience and judges with their house performances of different colour themed songs. The girls worked beautifully together, lead by their house captains, and their performances were very impressive. After much deliberation, St Francis house was declared the winner with a moving rendition of 'Yellow', by Coldplay. Well done to all the girls.

St Ignatius



St Benedict



St Francis



St Dominic



TOSCA

Huge congratulations to **Ella J, Isola R, Charlotte J, Coralie H** and **Amaya H** who performed in Tosca throughout June and July with the Grange Park Opera Company and the BBC Concert Orchestra. We have had so many wonderful comments from the Company to let us know how professional and well behaved the girls have been. Mrs. Harris went to see them and was bursting with pride at their outstanding performances.



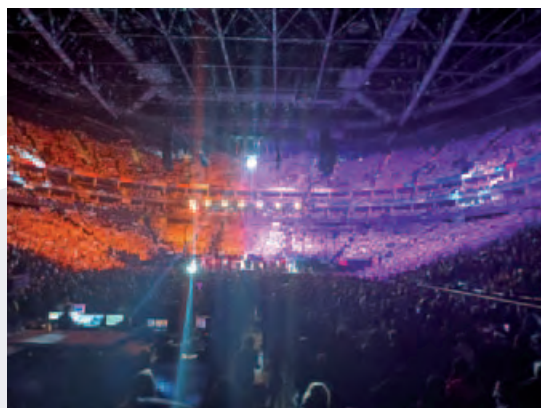
SPRING CONCERT

- The girls were absolutely superb and performed an eclectic programme of songs which had us smiling one minute and wiping a tear from our eye the next.
- Our musical ensembles delighted us with their instrumental pieces ranging from 'In an English Country Garden' to Snow Patrol's 'Chasing Cars'. There was a real sense of joy about the whole occasion with the girls really enjoying their music making and taking part so enthusiastically.



YOUNG VOICES CONCERT AT THE O2

Years 5 and 6 were rock stars for the day when they performed at the Young Voices Concert. They had the most wonderful adventure singing at the O2 with an amazing live band as part of a massed choir of thousands. The girls sang and performed beautifully.



CHRISTMAS CELEBRATION

The Chamber Choir, St Teresa's Singers, Orchestra, Wind Band and String Group all performed in our Christmas Celebration. It was wonderful to see so many of the girls singing and playing together.

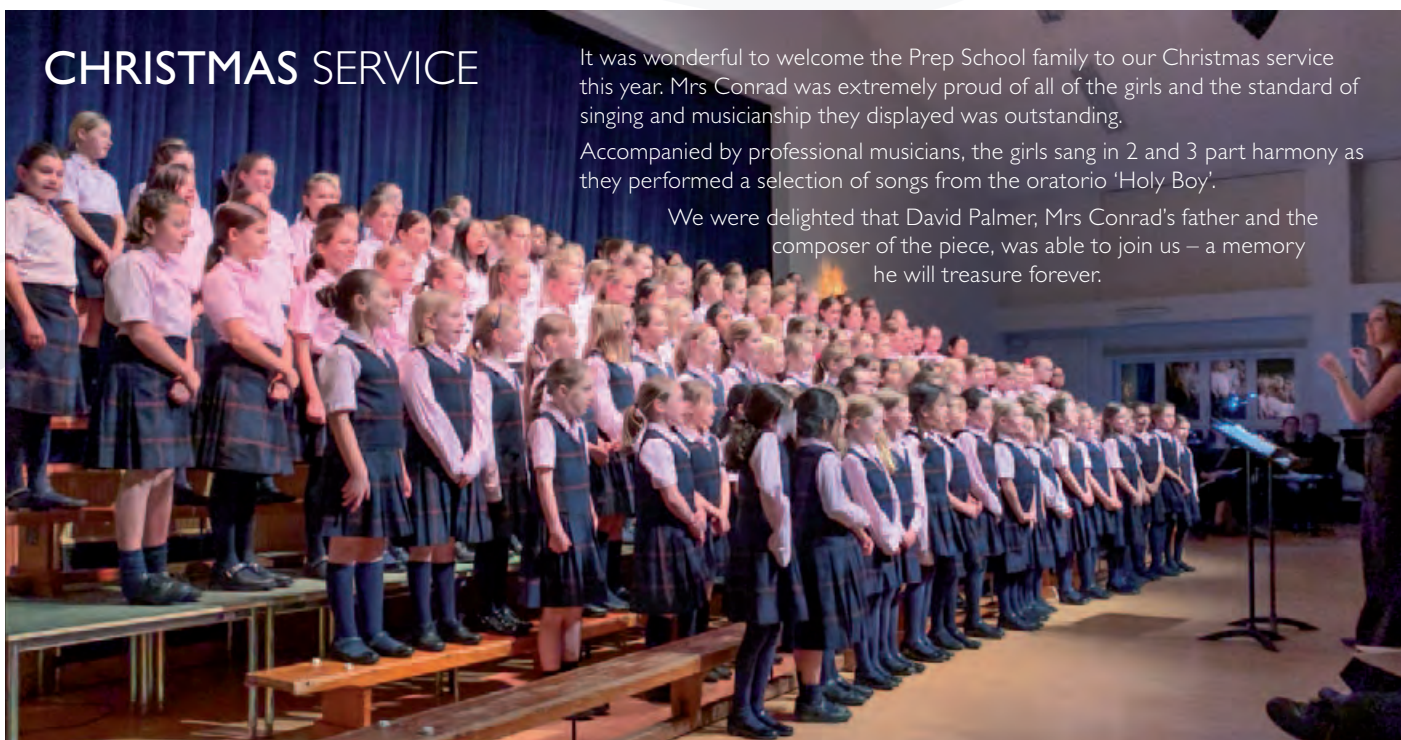


CHRISTMAS SERVICE

It was wonderful to welcome the Prep School family to our Christmas service this year. Mrs Conrad was extremely proud of all of the girls and the standard of singing and musicianship they displayed was outstanding.

Accompanied by professional musicians, the girls sang in 2 and 3 part harmony as they performed a selection of songs from the oratorio 'Holy Boy'.

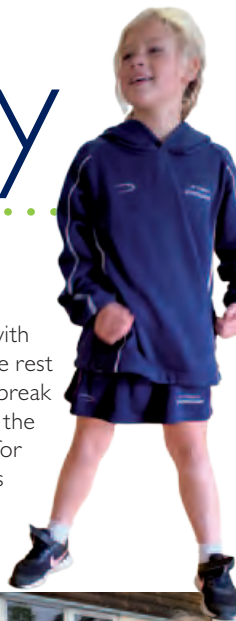
We were delighted that David Palmer, Mrs Conrad's father and the composer of the piece, was able to join us – a memory he will treasure forever.



Chaplaincy

FEAST DAY

To celebrate this wonderful occasion, we began the morning with a lovely Mass in the Mairlot Hall with the Senior School. For the rest of the day, there were many different treats including cakes at break time, ice cream at lunchtime and street dance workshops with the fabulous 'Urban Strides' dance company. St Thérèse is known for her 'Little Way' where she encourages us all to do 'Little things with great love'. To share a friendly smile or a kindly word can really make a difference to those around us and if everyone were to do this, wouldn't the world be a better place!



ASH WEDNESDAY WORKSHOP

We were delighted to welcome Steve Murray, a Christian mime artist from Behold Ministry to St Teresa's to mark the beginning of Lent. Steve led workshops throughout the day, teaching the girls the basics of mime artistry. He then led a very beautiful and moving reflection as part of our Ash Wednesday service.



HARVEST FESTIVALS

The girls delighted us with a selection of thought-provoking songs, poems and dramatic performances in our Harvest festivals that reminded us of the beauty of God's creation and gave us some powerful messages about how we should look after our planet. The generous donations of food were gratefully received by our local Foodbank.



ST FRANCIS BLESSING SERVICE

It was an absolute joy to celebrate our annual blessing of pets service on the Feast of St Francis of Assisi. We were pleased to welcome a wide selection of much loved pets and other animals to the school site. We gave thanks for all the happiness and affection that we share, and we also took the opportunity to give thanks to God for all that blessings that we receive through our pets and the animals of our world.



Trips

TRIP TO OSMINGTON BAY

Year 5 had a fabulous four days at PGL in Osmington Bay, Dorset. Despite the grim forecast, the sun decided to shine down on us as we took part in a plethora of activities including; abseiling, fencing, zipwire, beachcombing and climbing.

The evening activities also proved to be a big hit, with songs being sung and marshmallows being roasted around the campfire and everyone (including the teachers!) boogieing away at the silent disco!



BUTSER FARM

On the 8th of November, during a wet and windy day, Year 3 visited Butser Farm as part of their Tribal Tales topic. The girls were interested and curious about what they saw and loved all the activities that they took part in. These included artefact handling, creating a Stone Age fence, bronze jewellery making, an archaeological dig, looking round an Iron Age dwelling, a Stone Age house and, as an extra during a rainstorm, a Roman house.

There was a great deal to see and do and our guide Sally taught us so much and answered many of our questions.



WIMBLEDON

The Years 5 and 6 tennis squad went to Wimbledon Lawn Tennis Club. They learnt about the history of Wimbledon, visited the museum, played croquet, dressed up as the first ever Wimbledon champions, sat on Henman Hill and visited Centre Court. The sun shone and a great deal of fun was had!





WINCHESTER SCIENCE MUSEUM

To start their Stargazers Topic, Year 5 travelled to the Winchester Science Centre and Planetarium. The girls enjoyed exploring all the exhibits as well as the Destination Space gallery before having a workshop about the James Webb Telescope which was launched into space last year. They took part in practical activities investigating the best material to keep the telescope cool and how light is reflected.

The girls also enjoyed a fantastic show in the Planetarium, visiting all the planets in our solar system.



WILD CHILD

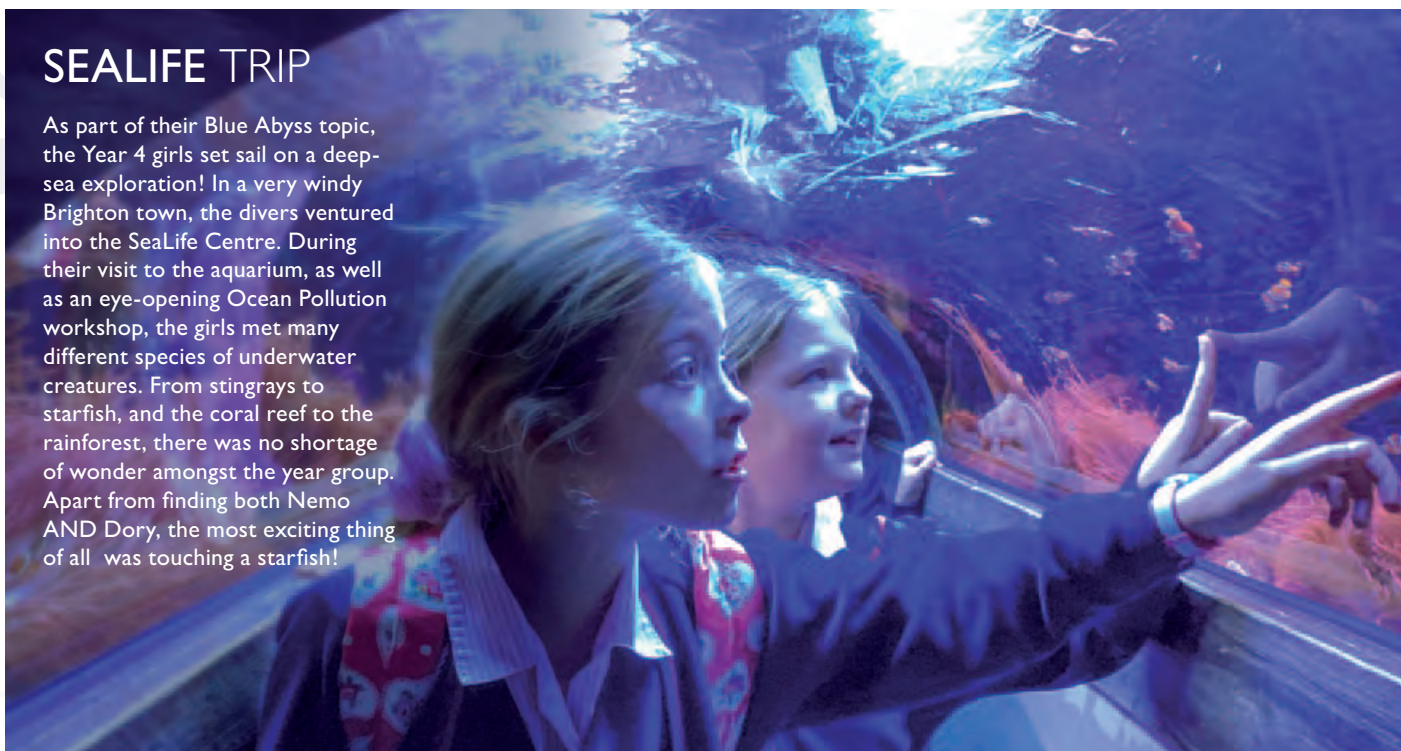
Year 4 set off on their first ever residential trip! They braved the elements to learn all about Survivor skills and Bush Craft, whilst having the opportunity to learn new skills such as Archery and Nightline. They climbed to heights of 13 metres, learnt more about teamwork and their friends, and even performed their own WildChild's Got Talent!

The girls enjoyed delicious food, fantastic events and activities, guided by unbelievably brilliant staff members who created such wonderful memories for the girls. We are so proud of the girls for being such great ambassadors for the school.



SEALIFE TRIP

As part of their Blue Abyss topic, the Year 4 girls set sail on a deep-sea exploration! In a very windy Brighton town, the divers ventured into the SeaLife Centre. During their visit to the aquarium, as well as an eye-opening Ocean Pollution workshop, the girls met many different species of underwater creatures. From stingrays to starfish, and the coral reef to the rainforest, there was no shortage of wonder amongst the year group. Apart from finding both Nemo AND Dory, the most exciting thing of all was touching a starfish!



TRIP TO FRANCE

The Year 6 girls had a fabulous time before half term in France. The weather was glorious and the week was action packed! After a visit to the market on Tuesday, where the girls were able to practise their French while enjoying some traditional crêpes, they headed off to a Chocolate Factory, where we could see the process of creating hand made chocolates from cacao bean to chocolate ganache.

Our knowledgeable coach driver, Alan, also took us to a local beach for some seal spotting and a walk along the sand.

Our focus for Wednesday was The Battle of the Somme. Following our visit to the Albert Museum, we went on a tour of key sites, including the Lochnagar Crater and Thiepval War Memorial.

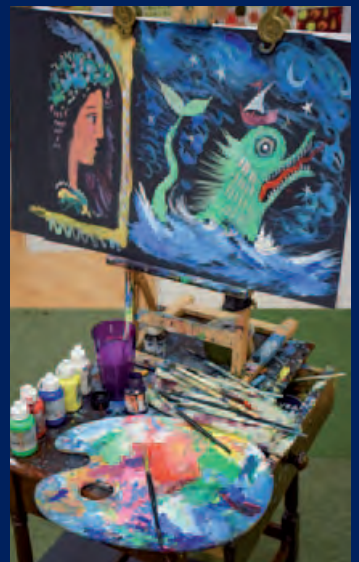
Before heading back to dear old Blighty on Friday, we spent the day on some outdoor and adventurous activities, including paddle boarding and canoeing! The girls were fabulous ambassadors for St Teresa's, often complimented by staff and members of the public on their excellent behaviour and good manners.



Highlights of the Year

PRIZE GIVING

We celebrated the school year and the girls' outstanding academic achievements at our annual Prize Giving Ceremony. We were delighted to welcome **James Mayhew**, the illustrator, as our guest of honour. What a wonderful occasion to acknowledge incredible all round achievements of the St Teresa's girls, including sport, music and the performing arts.



CORONATION CELEBRATIONS

To kick-start our coronation celebrations, we enjoyed a delicious barbecue lunch complete with crowns, flags and even jewels!

Thank you to Gary and his team for the wonderful food and to FOST for the decorations and crowns.



ANTI-BULLYING WEEK

As part of Anti-Bullying Week, the girls discussed bullying, kindness and reaching out to others in Assembly. They were also challenged to be 'Upstanders' not 'Bystanders' if they observe any unkindness. The girls were invited to wear odd socks or crazy tights to remind us that we all have differences, and this is what makes us special. Our Year 4s were asked to represent a theme of anti-bullying week, such as kindness, inclusion, listening, etc.

Creativity was the challenge! We had some lovely and thoughtful representations such as **Harlow's** Odd Sock tree, with key messages labelled on different branches 'Show respect', 'Always listen', and 'Think good thoughts'.

Another fantastic creation was **Avery's** Lego depiction of bystanders in their comfort zones, boxed below upstanders showing and sharing kindness with those who need it.





KING FEST!

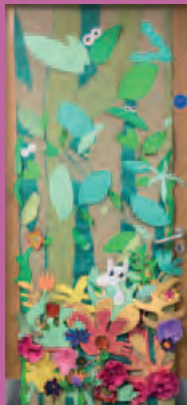
It was wonderful to welcome all our school community to celebrate the King's coronation at our King Fest event. What a wonderful way to start off the coronation weekend!

We would like to extend a huge thank you to FOST and our EDI team who made the whole thing possible.



WORLD BOOK WEEK

The whole school celebrated a fun-packed Book Week with a visiting author, visiting storyteller, Task Master challenges, dance workshops, decorated doors, PJ and favourite book day, bookmark making and competitions galore. The corridors were buzzing all week with inspiring conversations about books and reading!





Mary Poppins



Peter Pan



Secret Garden



Red Riding Hood

WORLD BOOK WEEK

Year 5 were challenged to recreate a famous book. Can you guess the title and author of these books?



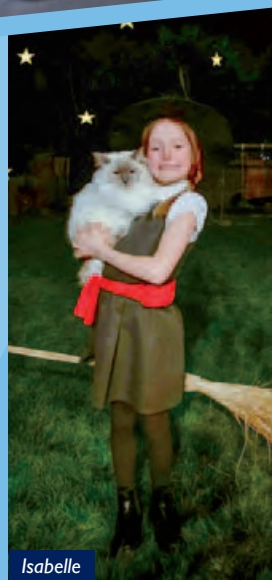
Maisie



Tiger



Scarlett



Isabelle

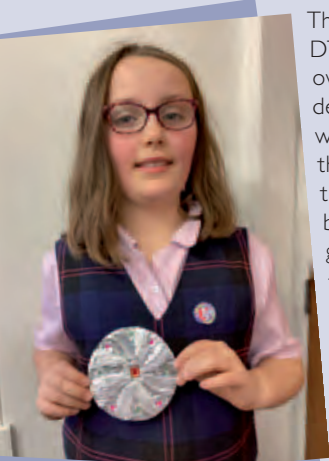


Charlie

SAXON BROOCHES

The Year 4s used all of their DT skills to create their very own Saxon Brooches. The girls designed a brooch based on who would be wearing it and the appropriate patterns for that person. This would largely be based on occupation, class, gender, and wealth.

There were a vast array of patterns carefully embossed into their brooches, finished off with gems of various colours, shapes, and sizes. They looked fantastic!



VISIT TO THE 6TH FORM CENTRE

Our fabulous Prep Prefect, **Charlotte**, organised a delicious breakfast for Year 6 in our wonderful Sixth Form Centre. The Sixth Form girls were very welcoming and came armed with pastries, juice and a lovely selection of conversation starters. Year 6 were delighted to attend and it made them very excited about starting at the Senior School.



SCIENCE WEEK

To celebrate Science Week, we were delighted to welcome Mrs Colborne-Baber to our assembly to speak to the girls about how she uses Maths in her career and in everyday life. The Science Technicians then gave a demonstration of some exciting and dramatic experiments and Year 6 gave presentations on fossils during their Science lessons.



LIFELAB

Year 6 thoroughly enjoyed the opportunity to create their own businesses whilst working with the team from LifeLab in the Spring Term. The process culminated with business pitches to a panel of industry experts and a fantastic fair where a wide range of impressive stalls were set out to tempt the rest of the school. Well done girls, you really excelled yourselves.



MATHS WEEK

Wow, what a week! Maths Week kicked off to a rocking start with Rock Star day and the launch of Times Table Rock Stars on Monday which encouraged the girls to increase their times table speeds and improve their rock status. Throughout the week, the girls tackled problems with a measurement focus from area to measuring distance which even involved estimating both the length and weight of Neo the dog!



4CR reminded the school of the importance of Mathematics in our everyday lives. With catchy tunes and a stroll through the History of Maths, they really did themselves proud.

A visit by Subject Revolution proved to be an exciting highlight of the week for many of the girls, with a range of tricky challenges set to test teamwork, resilience and application of different strategies.



VIKING WORKSHOP

The Year 4s were transported back in time to Anglo-Saxon Britain! With a day full of swords, axes, chainmail, spices, gold, and some eccentric clothing, the girls were taught so many new and interesting facts about the Vikings! They battled against each other, using Old English and Latin commands and we even had the chance to try on some battle armour. They also acted out Beowulf which was awesome! Performing the Viking burial was a little scarier. Did you know, warriors were buried alongside their armour AND their horses!? It was a brilliant day, and they most certainly all learnt a great deal of new things about the Vikings.



ECO & GARDENING CLUB

Our Eco and Gardening Club have had another wonderful year. The girls have been working hard in all weathers, learning all about gardening and taking great care of the world that we live in.

As the seasons changed the girls have seen the fruits of their labours grow and bloom all around the school site.



ROAD TRIP USA

In Year 4, the girls jetted across the seas into their new Road Trip USA topic. We kicked off the topic with a specific New York focus. The girls were given the task of creating a 'project' to represent New York in the most fun and creative way they could. We had all sorts of creations from informative PowerPoint presentations to 4ft Statues of Liberty, to home baked New York Cheesecake! As you can see, the results were absolutely phenomenal. What creative minds we have here in Year 4!



STONE AGE ART

As part of their topic, 'Tribal Tales', Year 3 created their own Neanderthal cave art, based on those made over 40,000 years ago. They explored the negative space around the outside of their handprints and were encouraged to find different ways to make marks, for example, using their knuckles, side of their hands or fingers and by overlapping and blending chalks. It was a messy but fun afternoon!



MUSEUM OF EGYPTOLOGY

To conclude their topic on Pharaohs, Year 5 transformed Henderson Hall into a Museum of Egyptology. Each girl researched an aspect of Ancient Egypt and produced a 3D model as an artefact to display and present. It was a wonderful celebration of all that they had learnt.



HAMLET

Following a fabulous performance from Young Shakespeare, the girls in Year 6 had great fun re-enacting the story of Hamlet, summarising the plot in to eight key events using the app 'Comic Life'. They explored the themes of tragedy, love and revenge ready for some discursive writing.



THE BLUE ABYSS

Year 4 have created vibrant, detailed fish paintings within their topic, "The Blue Abyss" by building up layers of watercolours and exploring and then incorporating a range of techniques. They studied the artist Yusei Nagashima, who has dedicated his work to exploring how to capture the many colours and textures.



CHOCOLATE WORKSHOP

The girls in Year 3 took part in a Chocolate Workshop with Gary and Emily from the kitchen. They found out where chocolate comes from and how chocolate is used in recipes. They also tasted ruby chocolate, dark chocolate, white chocolate and caramel chocolate. At the end, they were delighted to make their own chocolate lollies with sprinkles, using a mould. During the workshop, the girls also created their own chocolate wrappers and included a title, picture design, ingredient list and bar code. Well done girls.



GREEK WORKSHOP

The girls in Year 3 had a fantastic Ancient Greek workshop. They learnt about the roles of men and women during this time and had a debate about where they would like to live, Sparta or Athens! They then worked in teams to find information and answer questions about the Ancient Greek life for a quiz. They put their acting skills to the test by acting out some Greek myths and in the afternoon the girls had the opportunity to try on some Greek armour, looking at the different weapons used in battle.

We finished the day by taking part in our very own Greek Olympic Games. What a fun and exciting day.



STONE AGE DAY

The girls had a wonderful time at the start of term getting to know each other in the classroom and at Forest School, completing some stone age tasks and team building activities. They made fabulous clay necklaces and had fun completing the Stone Age Day Forest School Carousel. Activities included leaf bandanas, marshmallows, den building and starting a fire using a fire starter and cotton wool. It was a busy afternoon!



MONUMENT MAYHEM

The girls in Year 3 were amazing at presenting their Monument Mayhem projects to the class. There were a variety of PowerPoints and tremendous booklets which the girls shared confidently, especially the letters to the other tribe! Some of the girls even visited the actual monuments like Stonehenge and created their monuments on the beach! A lot of work and effort has gone into each monument, with the girls having so many creative ideas. Well done! A super successful project and a wonderful end to their first topic in Year 3.



Sport



SPORTS DAY

The sunny weather added to the convivial atmosphere at our sports day this year. The girls really enjoyed representing their Houses and demonstrating their sporting prowess to their parents.



HOP, SKIP AND JUMP!

At our annual Hop, Skip and Jump event girls and parents completed a heart shaped obstacle course around the field, whilst raising money for the CAFOD Big Lent Walk.



SANTA DASH

It was great to see so many girls and parents running round our festive course at our annual Santa Dash!



SPORTING ACHIEVEMENTS

The girls have continued to raise the bar in all sports this year across the Prep School.

Starting with the National Schools Biathlon Championships; we had seven girls qualify for the National Championships, **four from Year 3 and two top 15 positions.**

The **UII football team** placed 9th in the country at the IAPS football tournament.

The **UI10A football team** are undefeated this year.

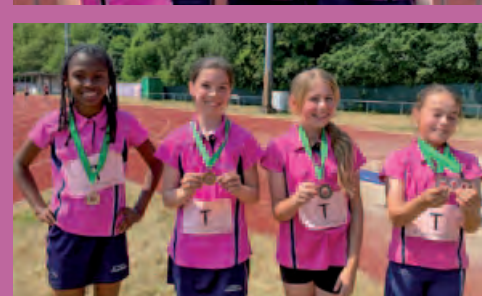
The **UIIA hockey team** won the Royal Russell hockey tournament.

Amaya and **Coralie** in Year 5 placed 1st and 2nd in the country in the IAPS Judo competition.

Four girls took part in the **Surrey Schools Skiing Championships** individually and as a team. The girls excelled, with **Apollonia** in Year 4 retaining her title as Surrey Schools Champion.

Lilia-Anna and **Rachel** made Surrey Cricket for UI10's.

We were also the Surrey Tennis Festival **UII winners.**



Partnership

ART PARTNERSHIP

We were delighted to welcome Cranmore Year 3 boys to St Teresa's for a collaborative event with our Year 3 girls.

The children learnt about Matisse's work and then created collages inspired by his 'paint with scissors' approach. They then put all the art work together as a giant, colourful collage to celebrate the Effingham Schools Trust Partnership! Well done everyone!



LONDON GOSPEL COMMUNITY CHOIR

Some of our Chamber Choir and St Teresa's Singers were lucky enough to be invited to Cranmore to take part in a workshop with the London Community Gospel Choir. They worked with Bazil Meade, the founder of the choir, during the day and learned some songs in 3-part harmony as well as the history of gospel music.

In the evening they performed alongside the choir and watched the professionals at work – an amazing evening they will never forget!



CHESS TOURNAMENT

We invited Cranmore Chess Club to join us for a Chess Tournament. This was an opportunity for the children to practise their skills against new opponents, enjoying competition in a friendly environment and sharing their enjoyment of the game.



CRANMORE RAMBLE

Pupils in Year 5 from Cranmore and St Teresa's took part in a ramble across the Surrey Hills, starting at Bocketts Farm and walking over Ranmore Common. They enjoyed lunch together before going their separate ways back to their respective schools. It was a beautifully sunny day and the girls really impressed us with their stamina and positive attitude.





PLAY YOUR WAY TO WIMBLEDON

On Sunday 14th May, ESTA hosted their annual open event at the courts and clubhouse. It was a lovely sunny day with lots of children enjoying hitting some balls with the coaches in the sunshine!

ESTA was delighted to host the annual Play Your Way To Wimbledon event on Friday 28th April. Our U14 boys and girls from Years 7–9 played some highly competitive singles matches with the eventual winners, **Sam M** and **Lucia C**, receiving their invitation through to the County Finals taking place in July. Well done to everyone who took part!



ESTA CAMPS

Tennis camps ran during all school holidays this academic year with added performance sessions for our senior scholars and squad players. Our camps are open to players of all abilities from Year 2 onwards.





Our annual ESTA Open Event took place at the courts and clubhouse in May. We welcomed a variety of ages and abilities on to court to enjoy a drills and skills sessions with Lee Childs and the coaching team in the beautiful sunshine! This was a well-attended event with all players receiving certificates and a tennis gift followed by a fabulous BBQ enjoyed by players and their families.

ISTA TOURNAMENT

U12 Tennis girls **Abi H** and **Evangeline P** played in the ISTA tournament. They played ten girls in doubles matches over a span of two days. Abi and Evangeline came fourth in their box on the first day and third in their box on the second day.



TEAM CHALLENGE

ESTA continued to run this LTA event towards the end of each term where the children who play in our group sessions had the opportunity to compete in some friendly matches amongst their peers. This year, they were themed to tie in with the Grand Slam tournaments. Win, lose or draw, all children received an LTA certificate and lifted the inflatable trophy at the end of each event!



SURREY SCHOOLS TENNIS FINAL

The U13 Tennis team travelled to St George's for the Surrey Schools' Tennis finals. The team consisted of **Pretoria R**, **Lucia C**, **Myah K**, **Kiara B**, **Abi H** and **Evangeline P**. The girls defeated Wimbledon High in the semi finals 6–3 and went on to the finals to play Kingston Grammar. Many of the matches went to tie break but unfortunately Kingston Grammar won 5–4. This meant the girls finished in second place making them the runners up and the second best school team in Surrey for their age. This is the first time a St Teresa's team has reached the finals since 1989. An amazing achievement. Well done!



EXTERNAL TOURNAMENTS

Lucia in Year 8 won U14 LTA tournaments this year, including one held at Gosling tennis centre and Merton Park.

RALPH CAKE PLATE

The girls played 8 matches competing for the Ralph Cake plate. Despite the difficult conditions they persevered and won every single match. The quarter finals were 6–4, the semi-finals were 6–0 and to finish off the finals 6–3. The finals were incredibly intense with many great rallies, silver deuces and a held serve on our side and a break of serve on the opponent's side. Overall, the girls played very well and improved immensely throughout the tournament.



ADULT TENNIS

ESTA men's group returned for the summer term on Monday evenings and the ladies' group continued to be a popular session on Thursday mornings. We hope to see many more parents on court during the Autumn term! We are delighted to also offer private coaching to parents during the week.

FINAL CONCLUSION

We are looking forward to 2023/24 tennis coaching season at ESTA with our group sessions resuming during the Autumn term alongside individual, joint and shared lessons, ladies' and men's groups and performance squads.



St Teresa's is
an action-packed
school with activities
happening around
the clock

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